

# HARVEST

## {Of the Month}



CAULIFLOWER



### Fast Facts

- ✓ You can grow and purchase cauliflower in **four different colors**; orange, purple, green, and white.
- ✓ The word “cauliflower” derives from the **Latin words caulis (cabbage) and flōs (flower)**.
- ✓ Plants have four main parts; the root, stem, leaf, and flower. **When you eat cauliflower you are consuming the flower** of the cauliflower plant.

### Availability

MAY - JUNE

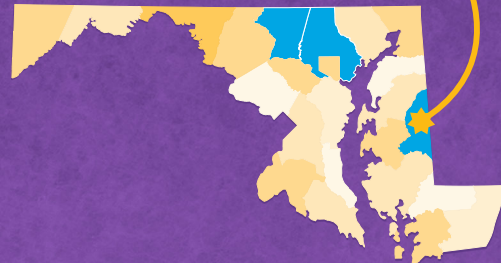
SEPTEMBER - NOVEMBER



### Featured Farm

CLAYTON FARMS  
CAROLINE COUNTY

Clayton Farms has locations in Baltimore, Carroll and Caroline Counties. They provide their community with healthy grown produce. You may even see their vegetables in school lunches! Do you have a world changing goal too? Share it with us on social media with the **#MDKidsEatLocal**



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