

# Neuropilin-1 attenuates autoreactivity in experimental autoimmune encephalomyelitis

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**Neuropilin-1 (*Nrp1*) is a cell surface molecule originally identified for its role in neuronal development. Recently, *Nrp1* has been implicated in several aspects of immune function including maintenance of the immune synapse and development of regulatory T ( $T_{reg}$ ) cells. In this study, we provide evidence for a central role of *Nrp1* in the regulation of CD4<sup>+</sup> T-cell immune responses in experimental autoimmune encephalitis (EAE). EAE serves as an animal model for the central nervous system (CNS) inflammatory disorder multiple sclerosis (MS). EAE is mediated primarily by CD4<sup>+</sup> T cells that migrate to the CNS and mount an inflammatory attack against myelin components, resulting in CNS pathology. Using a tissue-specific deletion system, we observed that the lack of *Nrp1* on CD4<sup>+</sup> T cells results in increased EAE severity. These conditional knockout mice exhibit preferential  $T_H$ -17 lineage commitment and decreased  $T_{reg}$ -cell functionality. Conversely, CD4<sup>+</sup> T cells expressing *Nrp1* suppress effector T-cell proliferation and cytokine production both in vivo and in vitro independent of  $T_{reg}$  cells. *Nrp1*-mediated suppression can be inhibited by TGF- $\beta$  blockade but not by IL-10 blockade. These results suggest that *Nrp1* is essential for proper maintenance of peripheral tolerance and its absence can result in unchecked autoreactive responses, leading to diseases like EAE and potentially MS.**

**M**ultiple sclerosis (MS) is a chronic inflammatory disease of the central nervous system (CNS) characterized by progressive demyelination of the brain and spinal cord (1). MS patients develop paralysis because of immune-mediated axonal damage. MS is generally considered to be an autoimmune disease orchestrated by  $T_H$ -1 and  $T_H$ -17 lymphocytes, although various genetic and environmental factors also play a part in disease etiology (2, 3). Evidence for the role of immune cells in MS pathogenesis is provided by studies using the mouse model experimental autoimmune encephalomyelitis (EAE). In EAE, myelin-specific CD4<sup>+</sup> T lymphocytes migrate into the CNS and mediate neuronal demyelination and destruction similar to that seen in MS patients (4), leading to loss of motor function and paralysis.

Comparisons between the immune system and the CNS began with the naming of dendritic cells (5). For example, the term immunological synapse describes the junction formed between T cells and antigen-presenting cells (APCs), which resembles the synapse between neurons in both formation and architecture (6). In the nervous system, chemorepulsive factors, such as semaphorins, are required for guiding the formation of neuronal synapses. Several reports have also suggested important roles for semaphorins in the immune system (7, 8). Neuropilin-1 (*Nrp1*) is a type 1 transmembrane protein, originally identified for its role in the development of growing neurons, which can serve as a receptor for semaphorin-3A in combination with plexin molecules to regulate growth cone collapse (9–11). In addition, *Nrp1* is involved in the process of angiogenesis through interactions with vascular endothelial growth factor (VEGF) (12). *Nrp1* has been recently implicated to play a role in the immunological synapse (13) and has been reported to be constitutively expressed on murine CD4<sup>+</sup>CD25<sup>+</sup> regulatory T ( $T_{reg}$ ) cells, suggesting a potential role for *Nrp1* in the attenuation of autoreactive immune responses (14).

We have shown that mice epicutaneously immunized (ECi) with myelin peptide before induction of EAE show a significant degree of protection compared with non-ECi mice (15). Myelin-specific CD4<sup>+</sup> T cells from these ECi mice are able to confer protection from EAE to naïve recipient mice upon adoptive transfer (15). Through gene analysis, we observed that *Nrp1* is highly expressed on CD4<sup>+</sup> T suppressor cells from mice protected from EAE development by ECi with myelin antigen. We therefore examined the role of *Nrp1* in the immune response in EAE, because we hypothesized that *Nrp1* may have a protective function in EAE development.

Here, we show that overexpression of *Nrp1* attenuates EAE progression and, conversely, the lack of *Nrp1* results in disease aggravation. This increase in disease severity occurs in a CD4<sup>+</sup> T-cell-dependent manner (that skews the balance of helper T cells away from regulatory subtypes toward inflammatory  $T_H$ -17 subtypes). We demonstrate that the suppressive effect of CD4<sup>+</sup> T cells from myelin antigen-ECi mice appears to be independent of *Foxp3*, because the lack of *Nrp1* impairs immune suppression without altering *Foxp3* expression. Because of the complex relationship among *Foxp3*, *Nrp1*, and  $T_{reg}$  cells in general, CD4<sup>+</sup>*Nrp1*<sup>+</sup> cells, such as those studied in the ECi model, are hereafter referred to as simply “suppressor T cells” so as not to erroneously place them into a specific area of the current  $T_{reg}$  cell paradigm. These results demonstrate a specific role for *Nrp1* in CD4<sup>+</sup> T-cell immune response.

## Results

***Nrp1* Expression Is Protective Against EAE.** We have shown that mice with T-cell receptor transgenic for the peptide Ac1-11 of myelin basic protein, when epicutaneously immunized (ECi) with the same peptide, are protected from EAE (15). Further, C57BL/6 mice ECi with myelin oligodendrocyte glycoprotein peptide (MOG<sub>35–55</sub>, referred to as MOG) are resistant to EAE pathogenesis (Fig. 1A). CD4<sup>+</sup> T cells from these mice can confer dominant suppression against EAE (ref. 15 and Fig. S1A). To determine the basis of this protection, we performed microarray gene analysis to assess the gene expression profile of CD4<sup>+</sup> T cells from MOG ECi mice compared with PBS control or unimmunized control mice. One of the most up-regulated genes in this study was *Nrp1*, exhibiting greater than fivefold induction in the MOG ECi mice compared with control mice. Because *Nrp1* has been proposed to be a constitutive marker of  $T_{reg}$  cells (14), we compared *Nrp1* mRNA expression in CD4<sup>+</sup> T cells of both naïve and MOG ECi mice to naïve CD4<sup>+</sup>CD25<sup>+</sup> T cells. As expected, *Nrp1* expression was substantially higher ( $\geq 7$ -fold) in naïve CD4<sup>+</sup>CD25<sup>+</sup> T cells compared with naïve WT CD4<sup>+</sup> T cells (Fig. S1B). Con-

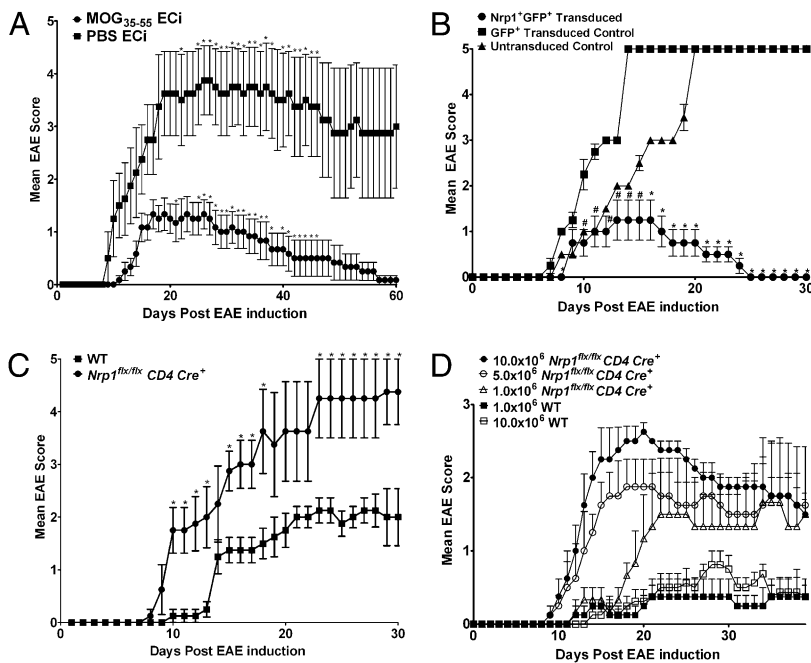
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**Fig. 1.** *Nrp1* expression is protective against EAE, whereas the lack of *Nrp1* increases disease severity. (A) WT mice were ECI with 100  $\mu$ g of MOG<sub>35–55</sub> ( $n = 6$ ) or PBS ( $n = 4$ ) and immunized with MOG<sub>35–55</sub>/CFA plus pertussis toxin to induce EAE. Representative (1 of 6) results are expressed as mean EAE score ( $\pm$ SEM,  $*P < 0.05$ ). (B) CD4<sup>+</sup>CD25<sup>–</sup> T cells were isolated from Ac1-11-activated MBP-TCR-Tg mice, transduced with a retroviral GFP construct containing *Nrp1* (circle,  $n = 3$ ) or an empty vector (square,  $n = 3$ ), and  $10^6$  cells were adoptively transferred into B10.PL *TCR $\alpha$ <sup>–/–</sup>* recipient mice concomitant with  $10^6$  (untransduced) Ac1-11-activated CD4<sup>+</sup>CD25<sup>–</sup> cells. Untransduced cells served as a control (triangle,  $n = 3$ ). Results from one experiment are expressed as mean EAE score ( $\pm$ SEM, # $P < 0.05$  for *Nrp1*<sup>+</sup>GFP<sup>+</sup> transduced vs. GFP<sup>+</sup> transduced controls;  $*P < 0.05$  for both *Nrp1*<sup>+</sup>GFP<sup>+</sup> transduced vs. untransduced controls and *Nrp1*<sup>+</sup>GFP<sup>+</sup> transduced vs. untransduced controls). (C) EAE was induced by using MOG<sub>35–55</sub>/CFA plus pertussis toxin in *Nrp1*<sup>flx/flx</sup>CD4Cre<sup>+</sup> ( $n = 5$ ) and WT mice ( $n = 5$ ). Representative (1 of 4) results are expressed as mean EAE score ( $\pm$ SEM,  $*P < 0.05$ ). (D) CD4<sup>+</sup> cells from *Nrp1*<sup>flx/flx</sup>CD4Cre<sup>+</sup> ( $n = 20$ ) and WT mice ( $n = 5$ ) primed s.c. with a MOG<sub>35–55</sub>/CFA emulsion were isolated and transferred into C57BL/6-*TCR $\alpha$ <sup>–/–</sup>* recipient mice ( $n = 4$  mice each) followed by immunization using MOG<sub>35–55</sub>/CFA plus pertussis toxin to induce EAE. Results from one experiment are displayed as mean ( $\pm$ SEM) EAE score.

sistent with increased mRNA expression, *Nrp1* expression was almost threefold higher in CD4<sup>+</sup> T cells from MOG ECI mice compared with naïve CD4<sup>+</sup> CD25<sup>+</sup> T cells or PBS control (Fig. S1C). These results demonstrate higher expression of *Nrp1* on MOG ECI CD4<sup>+</sup> T “suppressor” cells compared with traditional T<sub>reg</sub> cells.

To determine whether the protection seen in MOG or Ac1-11 ECI mice could be explained solely by the up-regulation of *Nrp1*, we overexpressed *Nrp1* in vivo and followed EAE progression. We first constructed a retroviral GFP vector containing mouse *Nrp1* cDNA. We then isolated CD4<sup>+</sup> T cells from naïve myelin basic protein (MBP)-T-cell receptor (TCR)-Transgenic (Tg) mice (MBP-TCR-Tg) (15), activated them in vitro with Ac1-11 peptide of MBP, and transduced them with either the *Nrp1* construct or an empty vector. Successfully transduced CD4<sup>+</sup> T cells were then cotransferred with untransduced, Ac1-11 activated, MBP-TCR-Tg, CD4<sup>+</sup> T cells into syngeneic recipient (B10.PL-*TCR $\alpha$ <sup>–/–</sup>*) mice. Mice receiving T cells transduced with the *Nrp1* expression vector exhibited significant resistance to EAE pathogenesis compared with those receiving the GFP null vector or the naïve CD4<sup>+</sup> T cells alone (Fig. 1B and Table S1). This result suggests that increased expression of *Nrp1* alone is sufficient to recapitulate the EAE protection previously observed in mice ECI with myelin peptide.

***Nrp1* Conditional Knockout Mice Exhibit Severe EAE.** We next asked whether the lack of *Nrp1* would result in increased susceptibility to EAE by using a T-cell specific *Nrp1* knockout mouse (*Nrp1*<sup>flx/flx</sup>CD4Cre<sup>+</sup>). We compared the development of EAE in WT and *Nrp1*<sup>flx/flx</sup>CD4Cre<sup>+</sup> mice and demonstrated that *Nrp1*<sup>flx/flx</sup>CD4Cre<sup>+</sup> mice developed significantly more severe disease than WT mice (Fig. 1C). Disease onset was more rapid in the *Nrp1*<sup>flx/flx</sup>CD4Cre<sup>+</sup> mice, appearing as early as 8 d after immunization (Fig. 1C) compared with 10 d in WT mice (Fig. 1C and Table S2). Examination of brains on day 30 of EAE and enumeration of CD4<sup>+</sup> T-cell infiltration in the brain parenchyma showed considerably more CD4<sup>+</sup> T cells in brains of *Nrp1*<sup>flx/flx</sup>CD4Cre<sup>+</sup> mice compared with WT mice (Fig. S2).

To determine whether the aggravated disease in *Nrp1*<sup>flx/flx</sup>CD4Cre<sup>+</sup> mice is due specifically to the effects of CD4<sup>+</sup> T cells, we isolated CD4<sup>+</sup> T cells from both WT and *Nrp1*<sup>flx/flx</sup>CD4Cre<sup>+</sup>

mice primed with MOG and adoptively transferred them into *TCR $\alpha$ <sup>–/–</sup>* recipients. After transfer, we induced EAE in recipients and recorded disease progression. Indeed, mice receiving cells from *Nrp1*<sup>flx/flx</sup>CD4Cre<sup>+</sup> donors exhibited greater disease severity than mice receiving cells from WT donors (Fig. 1D). Moreover, by injecting recipient mice with increasing amounts of CD4<sup>+</sup> T cells from *Nrp1*<sup>flx/flx</sup>CD4Cre<sup>+</sup> mice, we observed that EAE severity is directly correlated with the total number of *Nrp1*-deficient CD4<sup>+</sup> T cells (Fig. 1D and Table S3).

#### CD4<sup>+</sup> T Cells from *Nrp1*<sup>flx/flx</sup>CD4Cre<sup>+</sup> Mice Display a Skewed T<sub>H</sub>-17 Response and Are More Proliferative than Wild-Type CD4<sup>+</sup> T Cells.

CD4<sup>+</sup> T cells can increase EAE severity in two general ways. First, CD4<sup>+</sup> T cells may perpetuate increased autoreactivity if suppressive subtypes become functionally impaired. Second, CD4<sup>+</sup> T cells may lead to more severe pathogenesis if they possess enhanced inflammatory capacity.

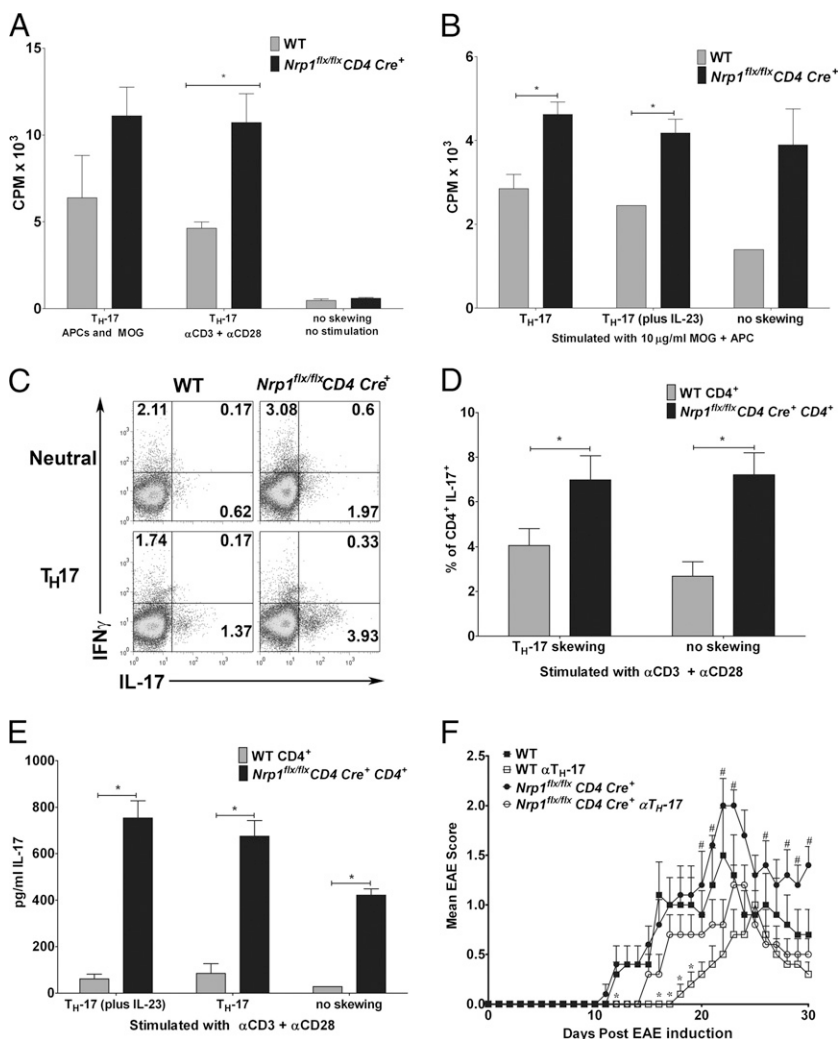
To investigate whether *Nrp1*<sup>flx/flx</sup>CD4Cre<sup>+</sup> CD4<sup>+</sup> T cells possess greater inflammatory capability than WT CD4<sup>+</sup> T cells, we assessed proliferation and T<sub>H</sub>-17 cell differentiation. Under all culture conditions, CD4<sup>+</sup> T cells from *Nrp1*<sup>flx/flx</sup>CD4Cre<sup>+</sup> mice were more proliferative in response to antigen-specific and non-antigen-specific stimuli. Naïve WT CD4<sup>+</sup> T cells and *Nrp1*<sup>flx/flx</sup>CD4Cre<sup>+</sup> cells skewed to T<sub>H</sub>-17 and stimulated with MOG, or anti-CD3/anti-CD28 proliferated more than WT cells (Fig. 2A). Similarly, CD4<sup>+</sup> T cells obtained from *Nrp1*<sup>flx/flx</sup>CD4Cre<sup>+</sup> mice on day 30 after EAE induction also proliferated significantly more than day 30 CD4<sup>+</sup> T cells from WT mice (Fig. 2B). Because IL-23 is required for expansion of T<sub>H</sub>-17 cells, we cultured *Nrp1*<sup>flx/flx</sup>CD4Cre<sup>+</sup> and WT cells under T<sub>H</sub>-17 conditions in the absence of IL-23. Notably, *Nrp1*<sup>flx/flx</sup>CD4Cre<sup>+</sup> cells skewed to T<sub>H</sub>-17 proliferated more than WT cells even in the absence of IL-23 (Fig. 2B). Further, the frequency of T<sub>H</sub>-17 cells was significantly greater in *Nrp1*<sup>flx/flx</sup>CD4Cre<sup>+</sup> mice compared with WT mice under T<sub>H</sub>-17 polarizing conditions (Fig. 2C) (with IL-23) ( $P = 0.035$ ), as well as under neutral (no skewing) conditions ( $P = 0.0077$ ) (Fig. 2D). Consistent with these observations, *Nrp1*<sup>flx/flx</sup>CD4Cre<sup>+</sup> CD4<sup>+</sup> T cells secrete significantly more IL-17 than their WT counterparts under both T<sub>H</sub>-17 polarizing ( $P = 0.0017$ ) and neutral ( $P = 0.0003$ ) conditions (Fig. 2E). Furthermore, CD4<sup>+</sup> T cells from *Nrp1*<sup>flx/flx</sup>CD4Cre<sup>+</sup> mice expressed increased levels of the transcription

factor *ROR $\gamma$ t*, which is important for T<sub>H</sub>-17 differentiation (Fig. S3). Because a subset of T<sub>H</sub>-17 cells have been identified that can produce IL-10 or IFN- $\gamma$  in addition to IL-17 (16), we next determined whether altered IL-10 production by T<sub>H</sub>-17 may be the cause for increased EAE pathogenicity. IL-10 production by CD4<sup>+</sup>IL-17<sup>+</sup> T cells from *Nrp1*<sup>flx/flx</sup>*CD4Cre*<sup>+</sup> mice is significantly less than that from CD4<sup>+</sup>IL-17<sup>+</sup> T cells from WT mice ( $P = 0.044$ ) (Fig. S4). Together, these data indicate that cells lacking *Nrp1* are biased toward a T<sub>H</sub>-17 phenotype and that *Nrp1* regulates CD4<sup>+</sup> T-cell expansion.

**In Vivo Blockade of T<sub>H</sub>-17 Cell Development Ameliorates EAE.** To further pinpoint the role of T<sub>H</sub>-17 cells in EAE, we treated *Nrp1*<sup>flx/flx</sup>*CD4Cre*<sup>+</sup> or WT mice with antibodies to cytokines involved in T<sub>H</sub>-17 cell polarization and expansion. Because T<sub>H</sub>-17 cells play a critical role in EAE pathogenesis, we reasoned that blocking T<sub>H</sub>-17 cell development at the initiation phase of disease might protect both WT and *Nrp1*<sup>flx/flx</sup>*CD4Cre*<sup>+</sup> mice from EAE. Both *Nrp1*<sup>flx/flx</sup>*CD4Cre*<sup>+</sup> and WT mice treated with the T<sub>H</sub>-17 anti-cytokine antibody regimen show significant disease amelioration compared with controls (Fig. 2F and Table S4). These results confirm T<sub>H</sub>-17 involvement in EAE pathogenesis in *Nrp1*<sup>flx/flx</sup>*CD4Cre*<sup>+</sup> mice.

***Nrp1*-Deficient T<sub>reg</sub> Cells Are Impaired in Their Ability to Suppress CD4 Autoreactive Cells.** CD4<sup>+</sup> T cells could lead to increased EAE pathogenesis through reduced T<sub>reg</sub> cell function. The lack of *Nrp1*

might impair the ability of the immune system to suppress autoreactive cells, indirectly leading to increased autoinflammatory cell proliferation. Previous findings support this hypothesis because *Nrp1* has been reported to be constitutively expressed on T<sub>reg</sub> cells (14). Therefore, we asked whether immune suppression in *Nrp1*<sup>flx/flx</sup>*CD4Cre*<sup>+</sup> mice is altered, in addition to the predisposition toward inflammatory subtypes, as demonstrated earlier (Fig. 2). We assessed the ability of WT CD4<sup>+</sup> T cells expressing *Nrp1* (CD4<sup>+</sup>*Nrp1*<sup>+</sup>) to suppress the proliferation of target cells in vitro compared with CD4<sup>+</sup>CD25<sup>+</sup> T cells. We also compared the suppressive capabilities of these WT CD4<sup>+</sup>*Nrp1*<sup>+</sup> T cells to CD4<sup>+</sup>CD25<sup>+</sup> T cells from *Nrp1*<sup>flx/flx</sup>*CD4Cre*<sup>+</sup> mice. Responder CD4<sup>+</sup> T cells were isolated from MOG-TCR-transgenic mice (2D2-Tg) (17) and primed with MOG. WT CD4<sup>+</sup>CD25<sup>+</sup> T or CD4<sup>+</sup>*Nrp1*<sup>+</sup> T suppressor cells, or *Nrp1*<sup>flx/flx</sup>*CD4Cre*<sup>+</sup> CD4<sup>+</sup>CD25<sup>+</sup> T suppressor cells were cultured with responder cells, APCs, and MOG. We observed a statistically significant decrease in the proliferation of target cells cultured with CD4<sup>+</sup>CD25<sup>+</sup>*Nrp1*<sup>+</sup> T cells or with CD4<sup>+</sup>CD25<sup>+</sup> T cells from WT mice at all ratios (Fig. 3A). Interestingly, at all suppressor to responder cell ratios, CD4<sup>+</sup>*Nrp1*<sup>+</sup> T cells suppressed effector cell proliferation more efficiently than CD4<sup>+</sup>CD25<sup>+</sup> T cells (Fig. 3A). In contrast, CD4<sup>+</sup>CD25<sup>+</sup> T cells from *Nrp1*<sup>flx/flx</sup>*CD4Cre*<sup>+</sup> mice were not suppressive at the same cell ratios as WT CD4<sup>+</sup>CD25<sup>+</sup> T or CD4<sup>+</sup>*Nrp1*<sup>+</sup> T cells (Fig. 3A). These results indicate that the corresponding *Nrp1*<sup>flx/flx</sup>*CD4Cre*<sup>+</sup> CD4<sup>+</sup> T cells are impaired in their ability to curb immune proliferation.



**Fig. 2.** *Nrp1*-deficient CD4<sup>+</sup> T cells display an increased T<sub>H</sub>-17 phenotype and are more proliferative than WT. (A) Naïve CD4<sup>+</sup> cells [WT (gray bars) and *Nrp1*<sup>flx/flx</sup>*CD4Cre*<sup>+</sup> (black bars),  $n = 5$  each] were skewed toward T<sub>H</sub>-17. After 7 d, skewed cells were stimulated with either APC and MOG, or with anti-CD3 and anti-CD28, or were left unskewed and unstimulated. Representative (1 of 5) results are displayed as mean ( $\pm$ SEM) CPM  $\times 10^3$  ( $*P < 0.05$ ). (B) EAE was induced by using MOG<sub>35-55</sub>/CFA plus pertussis toxin in WT (gray bars) and *Nrp1*<sup>flx/flx</sup>*CD4Cre*<sup>+</sup> (black bars) mice ( $n \geq 3$  each). On day 30, CD4<sup>+</sup> cells were stimulated with 10  $\mu$ g/ml MOG and cultured under neutral, T<sub>H</sub>-17 polarizing, or T<sub>H</sub>-17 polarizing with supplemental IL-23 conditions. Representative results (1 of 3) are displayed as mean ( $\pm$ SEM) percent of total CD4<sup>+</sup> cells, which are IL-17<sup>+</sup> ( $*P < 0.05$ ). (C) Naïve CD4<sup>+</sup> T cells (WT and *Nrp1*<sup>flx/flx</sup>*CD4Cre*<sup>+</sup>,  $n = 4$  mice each), were cultured under neutral or T<sub>H</sub>-17 polarizing conditions. Cells were stained for CD4, IFN $\gamma$ , and IL-17 and analyzed by flow cytometry. Data are representative of three experiments. (D) Naïve CD4<sup>+</sup> cells [WT (gray bars) and *Nrp1*<sup>flx/flx</sup>*CD4Cre*<sup>+</sup> (black bars)] were cultured under neutral or T<sub>H</sub>-17 polarizing conditions, stained for CD4 and IL-17 expression, and analyzed by flow cytometry. Representative (1 of 5) results are presented as mean ( $\pm$ SEM) percent of total CD4<sup>+</sup> cells, which are IL-17<sup>+</sup> ( $*P < 0.05$ ). (E) Naïve CD4<sup>+</sup> cells [WT (gray bars) and *Nrp1*<sup>flx/flx</sup>*CD4Cre*<sup>+</sup> (black bars),  $n = 5$  each] were cultured under neutral or T<sub>H</sub>-17 polarizing conditions, and cell culture supernatant was analyzed by ELISA for IL-17. Representative (1 of 5) results are displayed as mean ( $\pm$ SEM) IL-17 pg/ml ( $*P \leq 0.005$ ). (F) WT (squares) or *Nrp1*<sup>flx/flx</sup>*CD4Cre*<sup>+</sup> (circles) mice ( $n = 5$  each) immunized for EAE by using MOG<sub>35-55</sub>/CFA plus pertussis toxin were treated with (open symbols) or without (filled symbols) anti-T<sub>H</sub>-17 antibodies (anti-IL-6, anti-IL-23, anti-TGF- $\beta$ ). Representative (1 of 2) results are presented as mean EAE score  $\pm$  SEM ( $\#P < 0.05$  for the *Nrp1*<sup>flx/flx</sup>*CD4Cre*<sup>+</sup> versus the *Nrp1*<sup>flx/flx</sup>*CD4Cre*<sup>+</sup>-anti-T<sub>H</sub>-17 treated group.  $*P < 0.05$  for the WT versus WT anti-T<sub>H</sub>-17 group.)



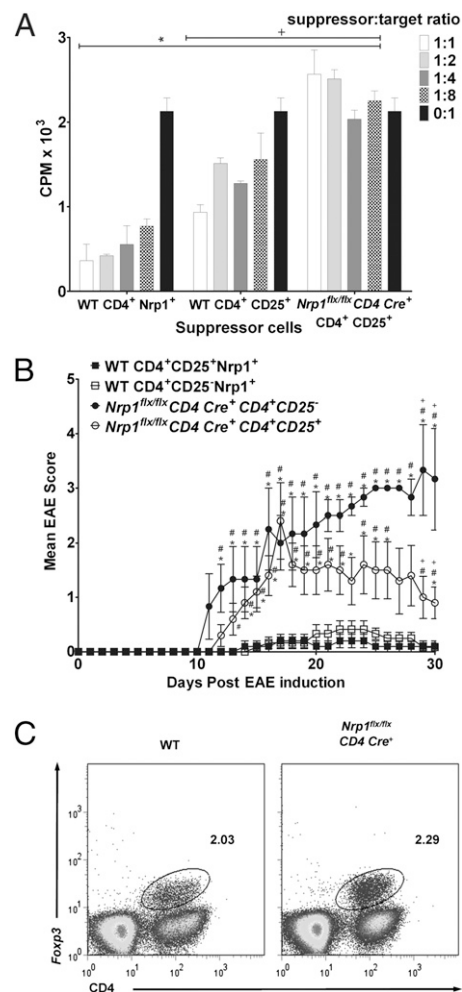
To determine whether this difference in suppression is significant *in vivo* and to more specifically define the role of *Nrp1* in immune suppression, four different populations of CD4<sup>+</sup> T cells from WT or *Nrp1* conditional knockout mice were adoptively transferred into naïve TCR- $\alpha^{-/-}$  recipients with concomitant adoptive transfer of MOG-stimulated, T<sub>H</sub>-17-polarized CD4<sup>+</sup> responder cells. WT CD4<sup>+</sup>CD25<sup>+</sup>Nrp1<sup>+</sup> and CD4<sup>+</sup>CD25<sup>-</sup>Nrp1<sup>+</sup> T cells exhibited similar disease profiles and significantly suppressed EAE (Fig. 3B and Table S5). Recipients of *Nrp1*<sup>flx/flx</sup>CD4Cre<sup>+</sup>CD4<sup>+</sup>CD25<sup>+</sup> T cells exhibited a much more severe EAE disease profile than their WT CD4<sup>+</sup>CD25<sup>+</sup>Nrp1<sup>+</sup> counterparts (Fig. 3B and Table S5). From these observations, we conclude that *Nrp1*-expressing CD4<sup>+</sup> T cells are capable of suppressing EAE inflammatory response independent of naturally occurring T<sub>reg</sub> cell involvement. We also conclude that naturally occurring T<sub>reg</sub> cells expressing *Nrp1* are more efficient suppressors than T<sub>reg</sub> cells lacking *Nrp1* expression. These findings suggest that a major role of *Nrp1* in the immune response is in regulating inflammatory responses by CD4<sup>+</sup> effector T cells.

**Foxp3 Expression Is Unaffected by the Lack of *Nrp1* in *Nrp1*<sup>flx/flx</sup>CD4Cre<sup>+</sup> Mice.** Because *Nrp1* appears to play an important role in T-cell-mediated immune suppression, we examined the effect of *Nrp1* on the expression of another gene associated with the archetypal T<sub>reg</sub> cell, *Foxp3*. CD4<sup>+</sup> T cells from *Nrp1*<sup>flx/flx</sup>CD4Cre<sup>+</sup> mice express *Foxp3* at a similar frequency to WT mice (Fig. 3C). Consistent with these data, the dominant immune suppression induced in CD4<sup>+</sup> T cells in mice ECI with myelin antigen does not correspond to an increase in *Foxp3* expression. These results suggest that *Nrp1* suppression is independent of *Foxp3*.

**TGF- $\beta$ , but Not IL-10, Is Important for *Nrp1*-Mediated Suppression.** One of the mechanisms by which suppressor T cells suppress autoimmunity is by the induction of anti-inflammatory cytokines such as IL-10 or TGF- $\beta$ . Because IL-10 is decreased in T<sub>H</sub>-17-skewed CD4<sup>+</sup> T cells from *Nrp1*<sup>flx/flx</sup>CD4Cre<sup>+</sup> mice (Fig. S4), we asked whether IL-10 is involved in *Nrp1* suppression of target cell proliferation by neutralizing IL-10 *in vitro* (18). CD4<sup>+</sup>CD25<sup>+</sup> T cells or CD4<sup>+</sup>CD25<sup>-</sup>Nrp1<sup>+</sup> cells from WT mice were used as suppressors in the presence or absence of anti-IL-10 (Fig. 4A). Interestingly, anti-IL-10 abrogated WT CD4<sup>+</sup>CD25<sup>+</sup> cell suppression of target cell proliferation (Fig. 4A), but had little effect on WT CD4<sup>+</sup>CD25<sup>-</sup>Nrp1<sup>+</sup> cell suppression (Fig. 4A). These results suggest that *Nrp1* suppressor function does not depend on IL-10. We next asked whether TGF- $\beta$  is involved in *Nrp1*-mediated suppression by evaluating it in the presence or absence of anti-TGF- $\beta$  (18). As shown in Fig. 4B, anti-TGF- $\beta$  significantly inhibited WT CD4<sup>+</sup>CD25<sup>-</sup>Nrp1<sup>+</sup> T-cell suppression of effector cell proliferation but had little effect on WT CD4<sup>+</sup>CD25<sup>+</sup> T-cell suppression. These data strongly indicate that *Nrp1* suppression of CD4<sup>+</sup> T-cell effector function depends on TGF- $\beta$ .

## Discussion

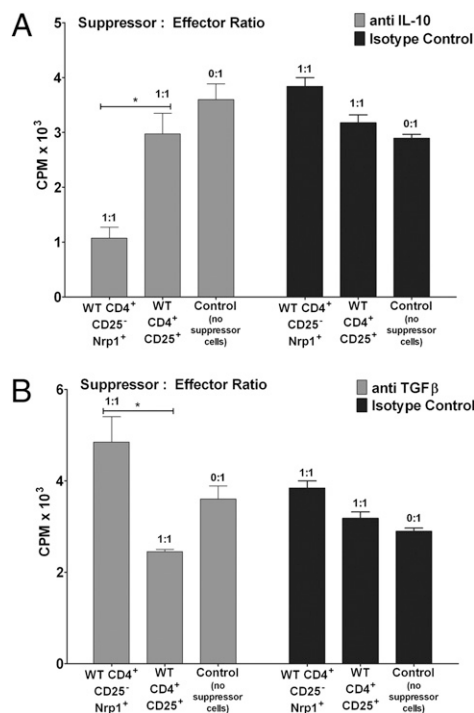
The goal of this study was to elucidate the role of *Nrp1* in EAE pathogenesis. As shown in Fig. 1A, initial ECI with MOG before induction of EAE results in complete protection against disease progression. Through global gene expression analysis, we found that *Nrp1* is one of the most highly expressed genes in this protective response. These results, along with previous data suggesting a role for *Nrp1* in immune suppression, led us to hypothesize that *Nrp1* is important for preventing autoinflammatory conditions such as EAE. Our hypothesis is supported by data showing that overexpression of *Nrp1* is sufficient to protect mice from EAE pathogenesis as well as the converse finding that the lack of *Nrp1* results in increased disease severity. Protection and disease aggravation are CD4<sup>+</sup> T-cell-dependent, because these disease states can be recapitulated in T-cell-deficient recipients when exogenous T cells overexpressing or lacking *Nrp1*, re-



**Fig. 3.** *Nrp1* deficiency impairs T<sub>reg</sub> cell function. (A) The 2D2-Tg (17) CD4<sup>+</sup> cells ( $n \geq 3$  mice) were used as target cells. Naïve *Nrp1*<sup>flx/flx</sup>CD4Cre<sup>+</sup> or WT CD4<sup>+</sup>CD25<sup>+</sup> cells ( $n \geq 7$  each), as well as WT CD4<sup>+</sup>CD25<sup>-</sup>Nrp1<sup>+</sup> cells (all purified by using magnetic beads), were used as suppressor T cells. Cells were stimulated with 10  $\mu$ g/mL MOG and APC (5:1 APC:target ratio), cultured for 48 h, then pulsed with 0.5  $\mu$ Ci/well Td- $\beta$ H for 18 h. *P* values compare either WT CD4<sup>+</sup>Nrp1<sup>+</sup> ( $*P < 0.05$ ) or WT CD4<sup>+</sup>CD25<sup>+</sup> ( $+P < 0.05$ ) suppressor cells to *Nrp1*<sup>flx/flx</sup>CD4Cre<sup>+</sup>CD4<sup>+</sup>CD25<sup>+</sup> cells of the same ratio. Representative (1 of 4) results are expressed in mean ( $\pm$ SEM) CPM  $\times 10^3$ . (B) The 2D2-Tg CD4<sup>+</sup> T cells ( $n = 5$  mice) were skewed to T<sub>H</sub>-17 *in vitro*, and  $10^7$  cells were transferred into C57BL/6-TCR- $\alpha^{-/-}$  recipients along with  $10^6$  naïve WT Nrp1<sup>+</sup>CD4<sup>+</sup>CD25<sup>+</sup>, or Nrp1<sup>+</sup>CD4<sup>+</sup>CD25<sup>-</sup>; or, naïve *Nrp1*<sup>flx/flx</sup>CD4Cre<sup>+</sup>CD4<sup>+</sup>CD25<sup>+</sup> or CD4<sup>+</sup>CD25<sup>-</sup> cells ( $n = 10$  mice each). EAE was then induced in recipients by using MOG<sub>35-55</sub>/CFA plus pertussis toxin. Results from one experiment are expressed as mean ( $\pm$ SEM) EAE score. *P* values compare: WT CD4<sup>+</sup>CD25<sup>-</sup>Nrp1<sup>+</sup> versus either *Nrp1*<sup>flx/flx</sup>CD4Cre<sup>+</sup>CD4<sup>+</sup>CD25<sup>+</sup> or *Nrp1*<sup>flx/flx</sup>CD4Cre<sup>+</sup>CD4<sup>+</sup>CD25<sup>-</sup>,  $\#P < 0.05$ ; WT CD4<sup>+</sup>CD25<sup>+</sup>Nrp1<sup>+</sup> versus either *Nrp1*<sup>flx/flx</sup>CD4Cre<sup>+</sup>CD4<sup>+</sup>CD25<sup>+</sup> or *Nrp1*<sup>flx/flx</sup>CD4Cre<sup>+</sup>CD4<sup>+</sup>CD25<sup>-</sup>,  $*P < 0.05$ ; *Nrp1*<sup>flx/flx</sup>CD4Cre<sup>+</sup>CD4<sup>+</sup>CD25<sup>+</sup> versus *Nrp1*<sup>flx/flx</sup>CD4Cre<sup>+</sup>CD4<sup>+</sup>CD25<sup>-</sup>,  $+P < 0.05$ ). (C) CD4<sup>+</sup> T cells from WT and *Nrp1*<sup>flx/flx</sup>CD4Cre<sup>+</sup> mice ( $n \geq 3$ ) were isolated, stained for CD4 and *Foxp3*, and analyzed by FACS. Results are representative of three experiments.

spectively, are transferred. Furthermore, our data strongly demonstrate that *Nrp1* plays a critical role in regulating the expansion and cytokine production of T<sub>H</sub>-17 cells both *in vitro* and *in vivo*.

Because of the discovery of the T<sub>H</sub>-17 lineage of CD4<sup>+</sup> T cells, many autoimmune disorders previously described as T<sub>H</sub>-1-mediated, including MS and EAE, have been reattributed to T<sub>H</sub>-17 cells (19). Accordingly, we demonstrate that *Nrp1*-deficient CD4<sup>+</sup> T cells are poised to differentiate into the T<sub>H</sub>-17 lineage. Furthermore, blockade of T<sub>H</sub>-17 cell development with an anti-



**Fig. 4.** Suppression by CD4<sup>+</sup>Nrp1<sup>+</sup> cells is abrogated in the presence of anti-TGF- $\beta$  but not anti-IL-10. (A) The 2D2-Tg CD4<sup>+</sup> T cells ( $n \geq 3$  mice) were primed in vivo, isolated by using magnetic beads, and used as target cells. Naïve WT and *Nrp1*<sup>flx/flx</sup>CD4Cre<sup>+</sup> CD4<sup>+</sup>CD25<sup>+</sup> T cells ( $n = 10$ ) and naïve WT CD4<sup>+</sup>CD25<sup>-</sup> Nrp1<sup>+</sup> T cells ( $n = 10$ ) were isolated by using magnetic beads and used as suppressor T cells. Suppressors and targets were combined at a 1:1 ratio. Cells were treated with anti-IL-10 (10  $\mu$ g/mL) or an isotype control (10  $\mu$ g/mL) and stimulated with 10  $\mu$ g/mL MOG and APC (5:1 APC:target ratio). Representative (1 of 3) results are expressed as mean ( $\pm$ SEM) CPM  $\times 10^3$ . (WT CD4<sup>+</sup>CD25<sup>+</sup> versus WT CD4<sup>+</sup>CD25<sup>-</sup>Nrp1<sup>+</sup>, \* $P < 0.05$ .) (B) Cell populations were purified, combined, and cultured as in Fig. 4A, except cells were treated with anti-TGF- $\beta$  (10  $\mu$ g/mL) or an isotype control (10  $\mu$ g/mL). Representative (1 of 3) results are expressed as mean ( $\pm$ SEM) cpm  $\times 10^3$ . (WT CD4<sup>+</sup>CD25<sup>+</sup> versus WT CD4<sup>+</sup>CD25<sup>-</sup>Nrp1<sup>+</sup>, \* $P < 0.05$ .)

T<sub>H</sub>-17 antibody regimen suppressed EAE in *Nrp1*<sup>flx/flx</sup>CD4Cre<sup>+</sup> mice. These results further support our hypothesis that one mechanism by which *Nrp1* controls autoreactivity is by regulating T<sub>H</sub>-17 cell expansion and cytokine production.

As of yet, no signaling pathway has been attributed specifically to *Nrp1*. Although *Nrp1* comprises one chain of the semaphorin-3A receptor, the second chain, plexin-A, is responsible for initiating cell signaling as a result of receptor ligation (20). Studies show that dendritic cells produce large amounts of semaphorin-3A (8). Moreover, the side chain of plexin-A is expressed on CD4<sup>+</sup> T cells and plexin-A4<sup>-/-</sup> mice exhibit increased EAE pathogenicity (21). Together with our findings, these results suggest that secretion of semaphorin-3A by DCs may represent a negative feedback loop to reduce the duration of T-cell-APC interaction and, consequently, reduce the expression of inflammatory molecules such as IL-17. In neuronal cells, semaphorin-3 signaling through the *Nrp1*:plexin-A complex acts through a rho/rac-dependent pathway leading to actin depolymerization and growth cone collapse (10). Similarly, *Nrp1*:plexin-A signaling in T cells could lead to similar actin depolymerization, causing the disassembly of molecular scaffolding supporting cellular polarization and the supramolecular activation complex at the immune synapse.

*Nrp1*<sup>flx/flx</sup>CD4Cre<sup>+</sup> mice may be susceptible to increased EAE severity because the lack of *Nrp1* impairs suppression of autoreactive cells by the immune system, indirectly leading to increased autoinflammatory cell proliferation. Such a hypothesis is sup-

ported by previous findings that *Nrp1* is constitutively expressed on T<sub>reg</sub> cells (14). Indeed, we found that suppressor cells from *Nrp1*<sup>flx/flx</sup>CD4Cre<sup>+</sup> mice have an impaired ability to suppress effector cells both in vitro and in vivo. Moreover, we found that WT CD4<sup>+</sup> T cells sorted specifically for *Nrp1* expression were as capable of or more effective at suppressing target cells than suppressors sorted specifically as CD4<sup>+</sup>CD25<sup>+</sup>, indicating that *Nrp1* plays an important role in immune suppression.

Our result is consistent with findings that show that *Nrp1* expression allows T<sub>reg</sub> cells to supplant effector T cells for the limited space available on primed APCs (22). Along with our data showing that antigen and APCs are required for successful T<sub>reg</sub> cell function (as opposed to contact independent PMA/ionomycin stimulation), this result supports the notion of antigen-dependent regulatory T-cell suppression. As described by Sarris et al. (22), *Nrp1* greatly contributes to the fidelity of the immune synapse, thus favoring APC interactions with T cells that express *Nrp1*.

Alternatively, *Nrp1* may function at the level of T<sub>reg</sub> cell stimulation. Several reports have shown that *Nrp1* is important for T<sub>reg</sub> cell development (23, 24), and *Nrp1* has been proposed as a receptor for TGF- $\beta$  (25). Whether this interaction actually contributes to signaling, the functional activity of T<sub>reg</sub> cells is enhanced by *Nrp1*:TGF- $\beta$  ligation. Because of the shared requirement of TGF- $\beta$  for both T<sub>reg</sub> and T<sub>H</sub>-17 cells (26, 27), *Nrp1* may function to sequester TGF- $\beta$ , simultaneously preventing the development of inflammatory T<sub>H</sub>-17 cells and promoting the differentiation of peripheral T<sub>reg</sub> cells. Consistent with this idea, neutralization of TGF- $\beta$  inhibits *Nrp1* suppressor capacity, whereas blockade of IL-10 had little or no impact.

In addition to naturally occurring T<sub>reg</sub> (nT<sub>reg</sub>) cells, additional T<sub>reg</sub> subtypes emerge from the thymus as CD4<sup>+</sup>CD25<sup>-</sup>Foxp3<sup>-</sup> cells. Although appearing phenotypically similar to a naïve CD4<sup>+</sup> T cell, these inducible T<sub>reg</sub> (iT<sub>reg</sub>) cells can be induced to express *Foxp3* and CD25 in the periphery (28). Such a notion of T<sub>reg</sub> cell heterogeneity is consistent with our results. We demonstrate that EAE-tolerant CD4<sup>+</sup> cells from MOG ECi mice, with highly up-regulated *Nrp1* levels, have only modestly up-regulated *Foxp3* levels. Moreover, *Nrp1*<sup>flx/flx</sup>CD4Cre<sup>+</sup> mice display virtually no variation in the Foxp3<sup>+</sup> cell population. Despite this lack of fluctuation in *Foxp3* expression, *Nrp1*-deficient suppressor T cells still have an impaired ability to attenuate immune proliferation. These results suggest that *Nrp1* may simply be a mechanism used by cells capable of immune suppression and not specific to any regulatory cell lineage in particular. A cell capable of immune suppression would alter *Nrp1* expression depending on inflammatory cues. As a result, any suppressive cell incapable of expressing *Nrp1*, whether a Foxp3<sup>+</sup> nT<sub>reg</sub> cell or a type of iT<sub>reg</sub> cell, would have an impaired ability to curb autoinflammation.

In summary, we demonstrate that *Nrp1* plays a critical role in the pathogenesis of EAE. Mice that lack *Nrp1*-expressing CD4<sup>+</sup> T cells exhibit increased degenerative signs and CNS infiltration associated with EAE, preferential T<sub>H</sub>-17 cell commitment, enhanced proliferation and cytokine production, and impaired suppressor capacity. Our study provides evidence for a direct role of *Nrp1* in an immune-mediated disease. This phenomenon is the combined result of increased inflammatory lineage commitment and impaired regulatory T-cell function. This study supports previous findings that *Nrp1* may be essential for proper immune suppression. As the body of knowledge surrounding *Nrp1* and T<sub>reg</sub> cell function expands, this molecule may prove to be a novel target for new treatments and therapies for diseases like MS.

## Materials and Methods

**Mice.** *Nrp1* conditional knockout mice were generated by crossing *Nrp1*<sup>flx/flx</sup> mice [graciously provided by David Ginty, (The Solomon H. Snyder Department of Neuroscience, Johns Hopkins University School of Medicine, Baltimore, MD)] (12) on the C57BL/6 background with CD4Cre<sup>+</sup> mice

(Taconic), generating *Nrp1<sup>flx/flx</sup>CD4Cre<sup>+</sup>* mice (*SI Materials and Methods*). MBP-TCR-Tg mice on the B10.PL background were described (29). C57BL/6-Tg (Tcr $\alpha$ 2D2, Tcr $\beta$ 2D2)1Kuch/J mice, which have a transgenic T-cell receptor recognizing the MOG<sub>35–55</sub> peptide (MOG-TCR-Tg), were kindly provided by Vijay Kuchroo (Harvard Medical School, Center for Neurologic Diseases, Brigham & Women's Hospital, Boston, MA) (17). C57BL/6 mice and TCR $\alpha^{-/-}$  (B6.129S2-Tcr $\alpha^{tm1Mom}/J$  or B10.PL-TCR $\alpha^{-/-}$ ) mice were purchased from Jackson Laboratory. Experiments were conducted under a protocol approved by the Institutional Animal Care and Use Committee of Cornell University.

**EAE Induction and Scoring.** EAE was induced by injecting 50  $\mu$ L s.c. in each flank a 1:1 CFA (Thermo Scientific) [3 mg/mL in PBS (Mediatech)] emulsion on day one, in parallel with i.v. pertussis toxin (List Biological Laboratories) (200 ng) on days 0 and 2. Mice were scored daily for EAE based on a numerical score of disease sign severity: 0 = no disease, 0.5–1 = weak/limp tail, 2 = limp tail and partial hind limb paralysis, 3 = total hind limb paralysis, 4 = both hind limb and fore limb paralysis, and 5 = death.

**Adoptive Transfer and in Vivo Suppression.** Mice were primed with s.c. CFA: MOG peptide. After 1 wk, CD4<sup>+</sup> T cells were isolated from spleen and lymph nodes and negatively selected for using magnetic separation (*SI Materials and Methods*). CD4<sup>+</sup> cells were transferred to TCR $\alpha^{-/-}$  mice at the indicated dose in a total of 200  $\mu$ L of sterile PBS. For in vivo suppression, CD4<sup>+</sup>CD25<sup>+</sup> cells from unimmunized mice were sorted by using a magnetic regulatory T-cell separation kit (Miltenyi Biotec). Either 10<sup>7</sup> WT or *Nrp1<sup>flx/flx</sup>CD4Cre<sup>+</sup>* CD4<sup>+</sup>CD25<sup>+</sup> cells were injected i.v. into WT recipients in a total dose of 200  $\mu$ L of sterile PBS.

**T-Cell Polarization.** Purified naive CD4<sup>+</sup> T cells (*SI Materials and Methods*) were cultured in Bruff's media (Invitrogen) and stimulated with immobilized mouse anti-CD3 and soluble anti-mouse CD28 (BD Biosciences) in the presence of T<sub>H</sub>-17-polarizing (with IL-23 where indicated) or neutral conditions (*SI Materials and Methods*). At day 3 after stimulation, cells were expanded for an additional 4 d in fresh media containing 25 U/mL mouse IL-2. At day 7, cells were washed and restimulated with either anti-mouse CD3/CD28 (1  $\mu$ g/mL each) plus mouse IL-2 (25 U/mL), or with MOG<sub>35–55</sub> and APC plus mouse IL-2 (25 U/mL) for 48 h. Cell culture supernatant was collected for ELISA, and

differentiated T cells were collected for either proliferation or intracellular cytokine staining.

**Flow Cytometry.** Cell suspensions were stained with fluorochrome-conjugated antibodies for CD4, IFN- $\gamma$ , *Foxp3*, IL-10, IL-4, and IL-17 (BD Biosciences and eBioscience) or with rabbit anti-Nrp1 (AbCam) and then with anti-rabbit AF488 (Invitrogen) (*SI Materials and Methods*). Samples were acquired on a FACSCalibur (BD Biosciences) by using CellQuest (BD Biosciences) software and analyzed with FlowJo software (Tree Star).

**T-Cell Suppression Assay.** For a full description, please refer to *SI Materials and Methods*. Briefly, CD4<sup>+</sup> responder cells were primed in vivo by immunization of WT mice with a 1:1 CFA:MOG (3 mg/mL in PBS) emulsion (50  $\mu$ g in both flanks of the mouse) on day 0 and day 5 and then isolated on day 7. CD4<sup>+</sup> responder cells from 2D2-Tg mice were also used in certain assays (17). For suppressor cells, CD4<sup>+</sup> cells were first isolated from naive WT or *Nrp1<sup>flx/flx</sup>CD4Cre<sup>+</sup>* mice. Then, positive magnetic selection was used to isolate CD25<sup>+</sup> suppressor cells, and WT CD4<sup>+</sup>CD25<sup>-</sup>Nrp1<sup>+</sup> cells were finally selected from the CD4<sup>+</sup>CD25<sup>-</sup> population. Primed CD4<sup>+</sup> responder cells (10<sup>5</sup>) were cultured with suppressor cells and irradiated APCs (1:5 T-cell:APC) in the presence of 10  $\mu$ g/mL MOG. In certain experiments, anti-IL-10 (eBioscience), sIL-10 receptor (R&D Systems) or anti-TGF- $\beta$  (eBioscience) were used. Proliferation was measured by <sup>3</sup>H-thymidine incorporation.

**Epicutaneous Immunization, Retroviral Overexpression, ELISA, and RT-PCR.** A description of the methods used for epicutaneous immunization, retroviral overexpression, ELISA, and RT-PCR can be found in *SI Materials and Methods*.

**Statistics.** *P* values are calculated by using the Student's *t* test.

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