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List of Strategies Practiced

Before-Lecture Strategies	This Helps You to	Practiced in Units
Think about what you already know about the topic.	get your brain ready to listen; reduce multi-tasking challenges	1, 2, 3, 4, 5,
Skim/read any assigned material.	reduce multi-tasking challenges	3, 4, 5
Think about challenges and how to overcome them.	develop a problem-solving mindset	1, 2, 3, 4, 5
Read and study PPT slides.	reduce multi-tasking challenges	2, 3, 4, 5
Notice patterns and groupings of slides.	understand how the parts fit into the whole	2, 3, 4
During-Lecture Strategies	This Helps You to	Practiced in Units
Notice signposting: statements of purpose, announcements of topic, summaries, instructor's rhetorical questions.	anticipate content and understand the big picture	1, 2, 3, 4, 5
Listen for repetition (verbal and visual).	notice important points	1, 2, 3, 4, 5
Listen for summary statements.	notice important points	1, 2, 3, 4, 5
Notice change in volume, tone, or pace.	identify possible critiques, contrast, or emphasis	1, 3, 4
Listen for names of equations, processes, graphs, theories.	notice important examples and illustrations	1, 2, 5
Listen for definitions.	understand new terms	1, 2, 3, 4, 5
Listen for material not on printed PPT slides.	recognize main points	1, 2, 3, 4, 5
Listen for critques and emphasis.	understand perspective	1, 2, 3, 4, 5
Notice gaps as you listen or after you listen.	monitor your listening	1, 2, 3, 4, 5
Listen for professor's summary of student answers.	understand interactive segments	5
After-Lecture Strategies	This Helps you to	Practiced in Units
Stay seated after the lecture. Expand your notes, add what you can still remember.	utilize short-term memory	1, 2, 3, 4, 5
Notice gaps in understanding and fill them.	monitor your understanding; reduce gaps	1, 2, 3, 4, 5
Think about organization patterns.	understand the big picture; see how the parts fit into the whole	1, 2, 3, 4, 5
Identify claims and evaluate evidence.	see how the parts fit into the whole	4, 5
Anticipate and answer questions requiring application, evaluation, or synthesis.	think about material more deeply	2, 3, 4, 5
Condense key points.	identify material you may not fully understand and remember material	4, 5
Summarize the lecture.	remember the material	4
Evaluate your strategy use.	use a variety of strategies	1, 2, 4