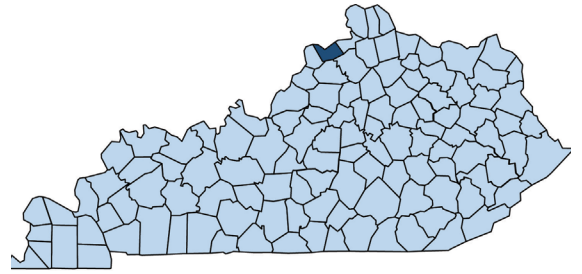


REPORT TO THE PEOPLE



Carroll County 2021



DID YOU KNOW... Carroll County Extension collaborates with over twenty local community agencies and organizations.



Website: carroll.ca.uky.edu



Facebook: Carroll County Cooperative Extension Service

For More Information, Please Contact us at:
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500 Floyd Drive, Carrollton, KY 41008

Agriculture and Natural Resources



Thomas Mann, Carroll County's new Extension Agent for Agriculture & Natural Resources.

- 11 Number of producers who successfully completed Kentucky Pesticide Applicator Training
- 25 Number of producers willing to adopt improved soil health/quality practices to improve profitability due to extension programming efforts

4-H Youth Development

Cooking is an important skill for boys and girls. Carroll County Extension offered two virtual cooking classes during the pandemic. The first one was limited to twenty families. The ingredients were placed in bags for the participants to pick up. The members took the bag home, made the recipe and shared pictures while making the recipe and the finished product. This program lasted for six weeks. The recipes originated from the Recipes For Life program.

Since it was such a great program, we had requests to do it again for those who did not have the opportunity to sign up the first time. The theme for the second round was Exploring the World of Cooking. Along with the food ingredients was a history of other countries focusing on different foods. We had 18 families enrolled in this program. 100% of the participants completed the program with 70% going beyond and cooked other things during the week.

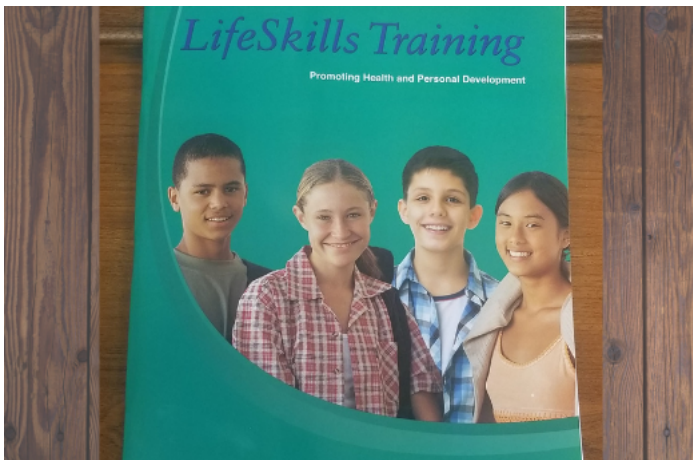
Thomas Mann is a native Kentuckian who is excited to serve as the new ANR/Horticulture Agent for Carroll County. He has a wide array of experiences in ANR and horticulture both within the state of Kentucky and beyond. As a graduate student at the State University of New York College of Environmental Science and Forestry, he conducted research in forest ecology, studied forest management, and worked as a teaching assistant for a course in soil science. Prior to his graduate studies, he worked in the soil testing lab at the University of Kentucky Research and Education Center in Caldwell County, served as an apprentice on the UK Horticulture Research Farm in Lexington, and assisted in an entomology research lab at UK. He looks forward to meeting members of the community, hearing how the Extension Service can serve them, and connecting them with valuable resources and great programming!



Tasty Philly Cheesesteaks made by a Carroll County 4-H'er.

- 24 Number of people who have taken on leadership roles as a result of participating in Extension leadership programs
- 196 Number of youth who are more aware of preparing and eating healthy, local food

Family and Consumer Sciences



“No one had ever told me before about why drugs are bad, or why I should stand up for myself. I’m glad that now I know what to say if I get pressured to make bad choices or feel stressed out.” --Student Participant

1048 Number of hours KEHA members volunteered in community service (non-Extension) activities/ events

32 Number of individuals who made lifestyle changes for improving their health

Community Economic Development

The Novel Coronavirus, COVID-19, has made a significant impact across Kentucky, the United States, and the world. As social distancing recommendations were put into place, the Kentucky Cooperative Extension Service quickly transitioned to alternative educational delivery methods to support Kentuckians. In mid-October, the Extension Agent for Agriculture and Natural Resources (ANR) created “Snag-A-Bags” featuring spring flowering bulbs. 500 daffodil, 500 tulip, and 1000 crocus bulbs were distributed to one hundred families. Each bag contained the bulbs, directions on planting, identification of bulbs, identification of cultivars (once in bloom), and information on garden as a physical activity. The ANR Agent led the development of the activity while the 4-H Agent and Support Staff helped assemble bags. Excess bulbs were donated to the county's Camp Kysoc Nature Center to help with beautification efforts.

The Life Skills Training (LST) program, developed by Botvin and colleagues, teaches a variety of personal self-management skills and social skills in order to increase perceived self-efficacy and reduce the perceived incentives of substance use in youth and young adults. Carroll County received approximately \$800 in facilitator training at no cost to the county, and \$1,140 in program materials to implement the program at Carroll County Middle School.

The Carroll County Extension Agents for 4-H and Family and Consumer Sciences were trained to implement the program. Throughout the course of the 2020-2021 school year, approximately 125 students participated in the 15-lesson program. On post-test surveys, 93% of Carroll County students who participated in the LST program reported that they would use a relaxation strategy to cope with stress, as opposed to engaging in deviant or unhealthy behavior.



“Y’all please go and grab some spring flowering bulbs for this week’s Snag-A-Bag!! Wonderful

300 Number of participants gaining access to Extension programming at local farmers markets

50 Number of those indicating an increased awareness of sustainable agriculture practices

NOTHING IS OUT OF REACH.



Healthy Families. Healthy Homes. Healthy Communities.



Website: extension.ca.uky.edu



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... just a few ways Extension supports Kentucky

- *23,971 Kentucky youth who participated in a project, activity or event in science, engineering and technology through 4-H programming.*
- *4,890 Kentucky producers adopting new technologies in agriculture production.*
- *3,399 Kentuckians who improved or maintained health from participating in gardening.*
- *3,898 Kentucky families who supplemented their diets with foods they grew or preserved.*
- *4,161 Kentuckians participating in community trail projects.*

COOPERATIVE EXTENSION



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