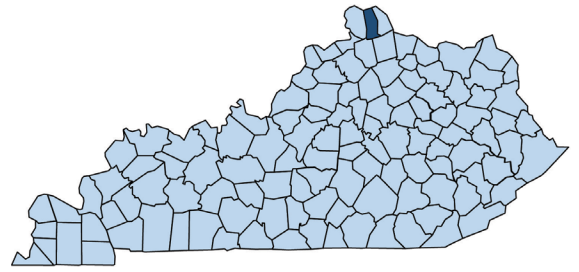


REPORT TO THE PEOPLE



Kenton County 2021



DID YOU KNOW... Kenton County has two legally recognized county seats-
Covington and Independence.



Website: <https://kenton.ca.uky.edu/>



Facebook: @UKKentonExt



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YouTube: Kenton County Cooperative Extension

For More Information, Please Contact us at:

Kenton County Extension Office • (859) 356-3155 • dl_ces_kenton@email.uky.edu
10990 Marshall Rd, Covington, KY 41015

4-H Youth Development



Summer Day Camps provide fun educational activities.

663

Number of youth who demonstrated a skill that was learned or improved by participating in 4-H agriculture programming.

416

Number of youth who were educated on health and well-being through 4-H programs.

Agriculture and Natural Resources

Research shows that learning outdoors increases a student's physical, mental, and social health. Coupled with environmental education this can lead to increased school performance. In April the ANR Agent partnered with Erlanger Elsmere Schools Bartlett Education Center for trail work and outdoor learning at the Durr Education Center. These students worked to blaze trails, establish education stations, and eradicate invasive plants.

In addition to the physical work, half of the time was devoted to researching, writing, and developing a presentation about invasive plants and their negative effect on Kentucky forests. The students were able to present to their science classes a PowerPoint about invasive plants. School Counselors indicated this hands-on opportunity helped these urban students be involved in nature, understand the science behind forestry management, and the importance of giving back to their community.

Kenton 4-H empowers 115 volunteers to engage youth in 4-H experiences throughout the year. Volunteers provide community-based leadership in decision making, implementation, and evaluation. Participation in 4-H encourages youth to develop individual identity, skills mastery and community belonging. 4-H is creating confident curious and resilient youth. Nearly 3064 Kenton youth participate in 4-H community clubs, school clubs, projects, and programs. Program areas include agriculture, health, family and consumer sciences, leadership, communication, natural resources, and science. Youth from all areas of the county are represented in 4-H including low income, minority dense neighborhoods. Members report better grades, higher levels of academic competence, and an elevated level of engagement at school and is national 4-H studies. Members are nearly two times more likely to plan to go to college and pursue future careers in science.



Extension staff and volunteers created a kitchen garden for learning opportunities.

37

Number of people who gained information on beef nutrition, animal health, genetics, reproduction, and/or facilities and equipment.

66

Number of people who used Extension diagnostic services to identify plant disease.

Family and Consumer Sciences



Demonstration videos provide learning at any time.

75

Number of participants who attended parenting-related programs

45

Number of participants reporting improved knowledge regarding life span behavior and decisions that affect health and well-being.

Nutrition Education

Despite the challenges of the COVID-19 pandemic, 116 Kenton County families completed the Healthy Choices for Every Body nutrition education 7-part series with 96% demonstrating an improvement in their diet quality according to data from a national reporting system. Because of the pandemic, virtual classes were conducted with several community partners and a Facebook page was created to share nutrition resources.

Educational materials were shared with community agencies throughout the county to accompany food distributions. Additionally, 138 youth participants gained nutritional knowledge and skills by participating in a 6-hour series of Nutrition Education Program classes.

Family and Consumer Sciences Agents have been teaching safe food preservation for years through hands on workshops. With the spread of COVID-19 in the summer of 2020, this was impossible. Information on safe and effective ways to preserve food, however, was needed as much as ever. In response, Boone and Kenton County FCS agents developed a 4 part virtual series on food preservation basics.

Extension FCS agents made videos of themselves demonstrating how to safely freeze, dry, boiling water bath and pressure can food. These videos were shown during each of four live zoom classes featuring question and answer sessions and links to the videos on the Kenton County YouTube channel. As of October 2021, there have been nearly 5,000 views of these YouTube videos. According to Cisco's Virtual Networking Index, by 2022, video will make up 82% of internet traffic. These reputable videos will continue to be of great benefit to our citizens.



Extension Service Nutrition Assistant Angela Baldauff works with community partner Travis Center presenting a session.

40

Number of individuals who reported improved knowledge, opinions, skills, or aspirations regarding the safe storage, handling, preparation and/or preservation of food.

62

Number of individuals who reported preparing more healthy home-cooked meals.

NOTHING IS OUT OF REACH.



Healthy Families. Healthy Homes. Healthy Communities.



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... just a few ways Extension supports Kentucky

- *23,971 Kentucky youth who participated in a project, activity or event in science, engineering and technology through 4-H programming.*
- *4,890 Kentucky producers adopting new technologies in agriculture production.*
- *3,399 Kentuckians who improved or maintained health from participating in gardening.*
- *3,898 Kentucky families who supplemented their diets with foods they grew or preserved.*
- *4,161 Kentuckians participating in community trail projects.*

COOPERATIVE EXTENSION



University of Kentucky Cooperative Extension

S-107 Ag Science Center North
Lexington, Kentucky 40546-0091
(859) 257-4302

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