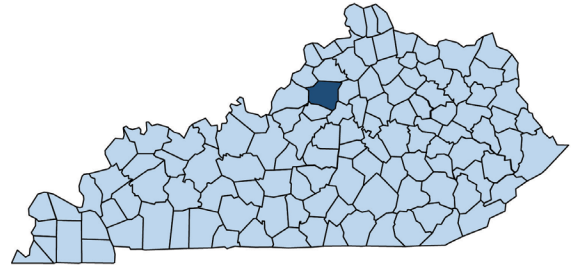


# REPORT TO THE PEOPLE



## Shelby County 2021



**DID YOU KNOW...** Our staff worked in the office throughout Covid, providing information, education & resources to all



**Website:** [shelby.ca.uky.edu](http://shelby.ca.uky.edu)



**Facebook:** @ShelbyCoExtension

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**For More Information, Please Contact us at:**

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## Agriculture and Natural Resources



Stockman's College provided hands-on education for 51 youth.

157

Number of youth who demonstrated a skill that was learned or improved by participating in 4-H agriculture programming

135

Number of clientele increasing agricultural awareness due to Extension programming

## Horticulture

Rooted In Shelby is a volunteer-conceived and implemented program designed to promote the sale of horticultural, agricultural, and other products produced by Kentucky Proud enterprises located in Shelby County. Main goals of the program are to effectively increase awareness of locally available foods and in turn increase market share of local products, returning a higher profit margin to local farmers. In effort to meet these goals, Rooted in Shelby members held a pop-up market in July of 2021. More than 225 attendees visited the 13 participating Rooted in Shelby member vendors during the three-hour market. Vendors said, "It was a great opportunity to showcase the variety of goods produced in Shelby County." "Profit-wise I was pleasantly surprised at how much we made. Worthwhile to get exposure here in the county." "Absolutely was a success...more sales than my typical market sales currently...the ability to advertise was wonderful."



Rooted in Shelby Pop-up Market provides education in addition to access to local foods.

163

Number of clients who advocated for agriculture and/or environmental issues locally

240

Number of people who used Extension information to make decisions on site-selection, varieties, and/or maintenance

Youth livestock programs instill hard work, commitment, responsibility, and valuable animal care skills. Despite Covid-related challenges, 51 youth participated in Stockman's College, majoring in one of three species options. Youth attended four core content classes, two species major & two species minor classes, two group demos and two enrichment demos. Hands-on skills-development courses allowed youth to learn and then immediately practice a skill. Examples included ear notching/tagging and implanting actual hog/cattle ears; passing artificial insemination rods through beef reproductive tracts; processing fetal pigs; injecting saline into chicken breasts; practicing FAMACHA on live sheep. Eighteen industry expert volunteers facilitated the hands-on learning experiences. At the conclusion of the 8-hour college, youth competed in a modified skillathon, demonstrating new knowledge and skills learned during Stockman's College and earning awards.

## 4-H Youth Development



4-Hers indicated the best part of 4-H Camp was being with their friends.

99

The number of youth who completed a 4-H Family and Consumer Sciences Project

96

The number of youth who participated in project, activity, or event for science, engineering, and technology projects

## Family and Consumer Sciences

The Shelby County Cooperative Extension FCS Agent and Nutrition Education Program Assistant addressed the COVID-19 limited contact mandates by delivering Grab and Go packets with educational activities and publications on the office's front porch. One participant reported, "We enjoyed the Victory Garden packet. It had a wonderful re-usable garden calendar, and we planted a garden with the seeds that were enclosed." The weekly rotating themes included the Sizzlin' Summer Series, Holidays at Home, Big Blue Goals, Healthy Heart, Get Moving, Stress Management, Healthy Budget-friendly Recipes and Tips for Growing Produce. A follow up survey revealed positive behavior changes including an increase in positive parenting behaviors, engaging in self-care techniques, increasing physical activity levels and trying many new nutritious recipes. The Grab and Go packets helped people to not only survive but to thrive during the pandemic.

The pandemic has been difficult on everyone, including our young people. Physical distancing resulted in youth losing out on many significant life events and experiences, including 4-H Camp. After Shelby County 4-H Camp was shut down in 2020, young people were able to return in the summer of 2021. Strict safety guidelines, reduced capacities, and modified schedules were put in place to insure campers could attend safely. 102 Shelby County campers and counselors attended Lake Cumberland 4-H Camp. Some of the positive outcomes that families reported about their child's camp experience included: willing to try new things, enjoying outdoors, learning new life skills, taking care of self needs, emphasizing with friends, supporting others, and learning new skills and activities. Not surprising was the most common response to the question "What was the best part of camp?" The answer was being with their friends.



Twelve of the 63 quilt blocks designed and sewn by Shelby County Extension Quilters and Sewers for a group quilt.

244

Program participants reporting adoption of physical activity practices

189

Individuals who gained knowledge related to financial management

# NOTHING IS OUT OF REACH.



Healthy Families. Healthy Homes. Healthy Communities.



**Website:** [extension.ca.uky.edu](http://extension.ca.uky.edu)



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*... just a few ways Extension supports Kentucky*

- *23,971 Kentucky youth who participated in a project, activity or event in science, engineering and technology through 4-H programming.*
- *4,890 Kentucky producers adopting new technologies in agriculture production.*
- *3,399 Kentuckians who improved or maintained health from participating in gardening.*
- *3,898 Kentucky families who supplemented their diets with foods they grew or preserved.*
- *4,161 Kentuckians participating in community trail projects.*

## COOPERATIVE EXTENSION



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