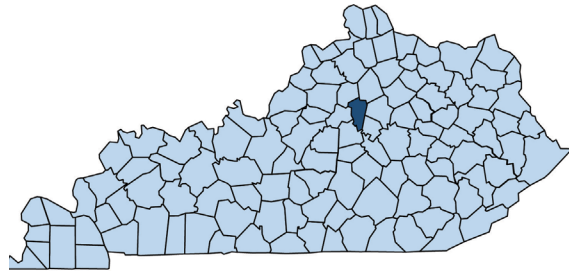


REPORT TO THE PEOPLE



Woodford County 2021



DID YOU KNOW... Extension volunteers provided 8,966 community service hours, worth an estimated \$207,114.60



Website: woodford.ca.uky.edu



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Horticulture



Horticulture Agent, Faye Kuosman, teaching program participants how to build a raised bed garden.

40

Number of youth who gave a speech or demonstration

62

Number of youth who participated in overnight 4-H Summer Camp

Family and Consumer Sciences

During the COVID pandemic, there was an increase in meals being cooked and eaten at home, due to food budget, personal interest, not eating out, or more time spent at home. To aid in increasing personal cooking skills, a Recipe Club was started in January where individuals could sign-up to receive recipe cards through the mail each month.

Families are encouraged to prepare at least one of the recipes during the month and complete an online survey showing what they learned and how the recipe turned out. With nearly 100 households signed-up, people have reported learning new skills including measuring and cutting, preparing and eating certain produce for the first time, learning how to alter recipes, and eating healthier overall. One person reported on a soup recipe, "I never would have thought putting all those different ingredients together would be so tasty."

The Woodford Co. Extension Agent for Horticulture collaborated with the WC Public Schools English Language Learner District Interpreter to offer a raised bed gardening program to Hispanic families in the community. There was a total of 28 attendees in the program. Families were given a raised bed garden kit that contained everything needed to start a raised bed garden.

There was an activity for the children as well, which included pots and seeds of summer vegetables that they planted and took home to care for along with the instructions to do so. Many of the participants live in duplexes and apartments and the Horticulture agent and collaborators of this program helped to get permission from property managers for the families to have a raised bed garden on the grounds of their residences. The long-term goal of this program is to enable families to share stories, successes and failures, recipes, and community around the gardens.



Recipe cards and information ready to mail to each of the Recipe Club participants.

250

Number of individuals who reported preparing more healthy home-cooked meals

110

Number of individuals who reported eating 4-6 servings of fruits and/or vegetables daily

4-H Youth Development



Grace Caroline Dearing with her artwork on display during the 4-H Virtual Art Club Art Show in downtown Versailles.

40

Number of youth who gave a speech or demonstration

62

Number of youth who participated in overnight 4-H Summer Camp

Agriculture and Natural Resources

The Woodford County Extension Service, in collaboration with the Woodford County Conservation District, Kentucky Department of Fish & Wildlife, USDA-Farm Service Agency, and Woodford County Fiscal Court put on the 55th Woodford County Farm Tour. Two tour options existed for the 55th Farm Tour allowing participants to have more of an in-depth learning experience with host farmers, university specialists, and other participating speakers.

Over 150 individuals took part in the program learning more about stream buffers, water quality, grape production in Kentucky, wine making/distilling, baled silage, high-tunnel vegetable production, pasture weed control and plantings for pollinator species.



More than 150 participants gathered for the 55th annual Woodford County Farm Tour. Here they learned more about types of plantings to attract pollinator species for conservation and crop benefits.

205

People collected soil samples for testing in Woodford county last year.

41

People improved use of personal protective equipment when applying crop protectants in Woodford County last year.

NOTHING IS OUT OF REACH.



Healthy Families. Healthy Homes. Healthy Communities.



Website: extension.ca.uky.edu



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... just a few ways Extension supports Kentucky

- *23,971 Kentucky youth who participated in a project, activity or event in science, engineering and technology through 4-H programming.*
- *4,890 Kentucky producers adopting new technologies in agriculture production.*
- *3,399 Kentuckians who improved or maintained health from participating in gardening.*
- *3,898 Kentucky families who supplemented their diets with foods they grew or preserved.*
- *4,161 Kentuckians participating in community trail projects.*

COOPERATIVE EXTENSION



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