

Living on SHAKY GROUND

HOW TO SURVIVE EARTHQUAKES AND TSUNAMIS IN NORTHERN CALIFORNIA

Grab and Go Kit

WOULD YOU BE READY TO LEAVE YOUR HOME OR WORK PLACE IF YOU ONLY HAD A FEW MINUTES OF WARNING?

Some emergency situations call for rapid evacuation. Wildland fires and tsunamis are two cases where your life could depend on getting out quickly.

If you need to get out the door and to a safe area quickly, you will have no time to gather belongings. It's time to make a Grab and Go kit. This kit needs to be put together **IN ADVANCE** and be ready for you to grab as you are running out the door.

Find an easy to carry backpack or satchel. Keep your emergency contact information up to date and tuck inside the bag.



Personalize your kit with what you need. Consider extra glasses, first aid supplies, extra socks and sanitary supplies. Use your cell phone or a USB stick for copies of important documents. Be able to quickly throw your wallet and keys into it as you head out the door. Consider adding a facemask and hand sanitizer, garbage bags and a few comfort items. Looking at lists is a starting point; personalize your kit with your own priorities. But don't make it too big or bulky to easily carry.

Help your children make their own kit. It will give them comfort to know that you are helping them to be safe.

The most important item in your Grab and Go kit is YOU and YOUR FAMILY.

The most important thing is to get YOU out the door and on your way to safety. If you haven't prepared that kit in advance, just concentrate on getting yourself and your loved ones to safety; if you don't, nothing else matters.

