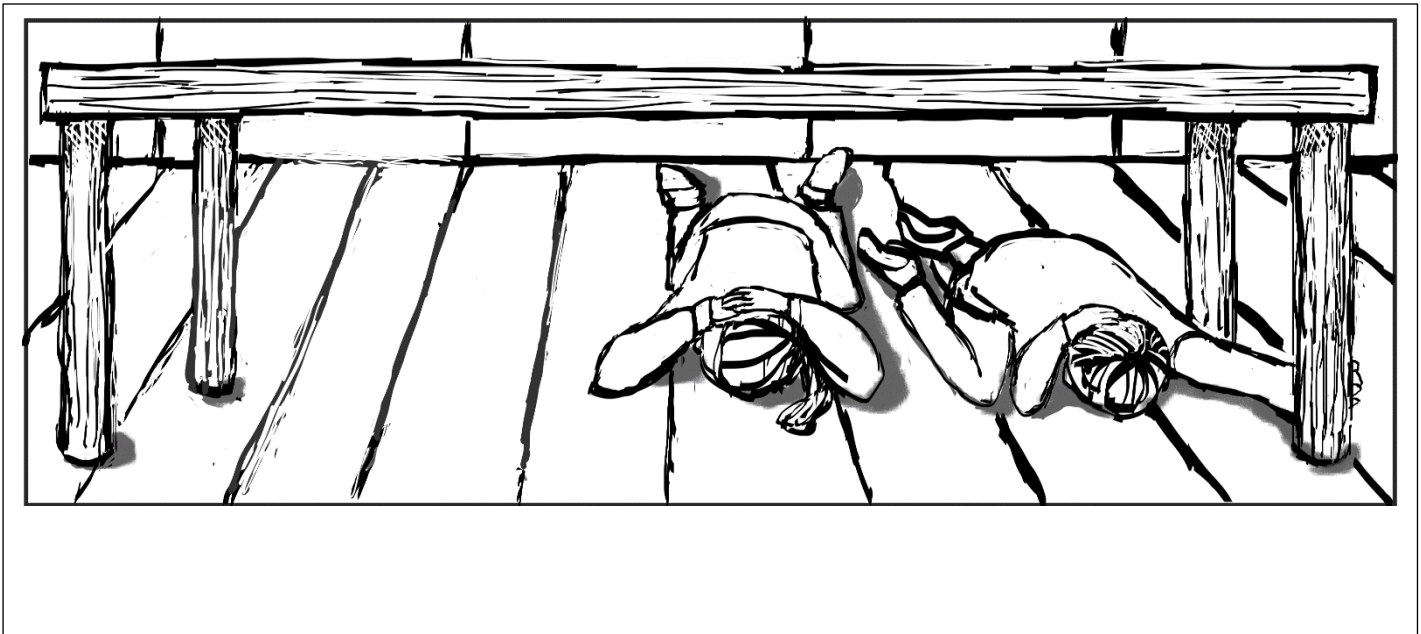


# Earthquake and Tsunami Activities for Young Children

## Coloring page



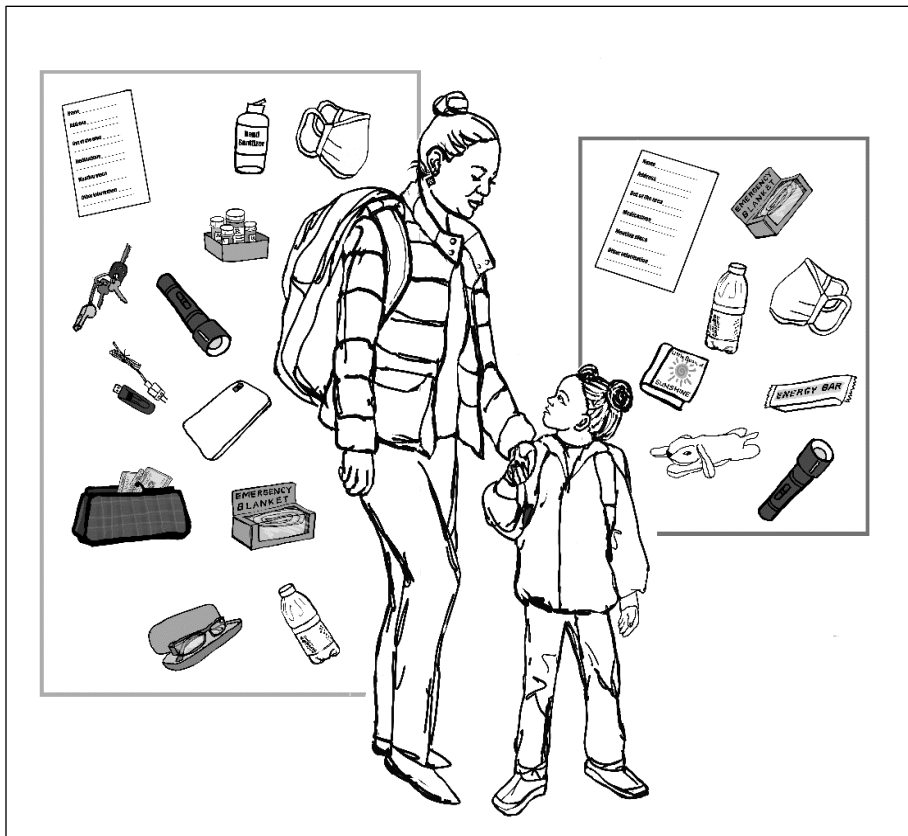
Earthquakes can happen anywhere. The safest place is under your desk or a table. Emily and Jose know to **DROP, COVER, and HOLD ON** when an earthquake happens to protect them from things falling and hurting them. There is room for you too! Draw yourself in the empty space and color the picture.



Earthquake shaking is a sign that a tsunami could be on the way. Look for tsunami signs, like the one in the picture above, when you are near the coast. This family knows after feeling an earthquake on the coast how to walk to higher ground to get away from the water's edge and any dangers. Draw yourself in this group and go with them.

# Earthquake and Tsunami Activities for Young Children

## Grab and Go Kit



**What's in your kit?**

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

Sally and her mother have made grab-and-go kits. The kits include all the items you might need if you must leave home in a hurry.

- What are some of the things Sally's mother put in her kit?
- What did Sally put in her own kit? Color the picture above as you identify the items above.
- Can you think of other things you would like to have in your own grab-and-go kit? Fill out the list above to start making your kit today!
- Need more ideas? Visit: <https://rctwg.humboldt.edu/preparing-your-children-earthquakes-and-tsunamis> & [www.TsunamiZone.org](http://www.TsunamiZone.org)

**Note to parents:** Children cope best in emergencies when they know what to do to be safe. A great way to teach them is through positive family preparedness activities and positive stories. Family activities such as building a Go Kit, Drop-Cover-Hold On drills, and practice walking evacuation routes helps ensure your children are prepared and will lessen their anxiety if something does occur. An uplifting story to share is that of Kamome, a small boat that was lost in the 2011 Japan tsunami and traveled across the Pacific to land on a California beach two years later. You can read the story of Kamome and find more activities at <https://kamome.humboldt.edu/>.

The activities on these pages were developed by the Redwood Coast Tsunami Work Group and the California Office of Emergency Services through support from NOAA's National Tsunami Hazard Mitigation Program.

