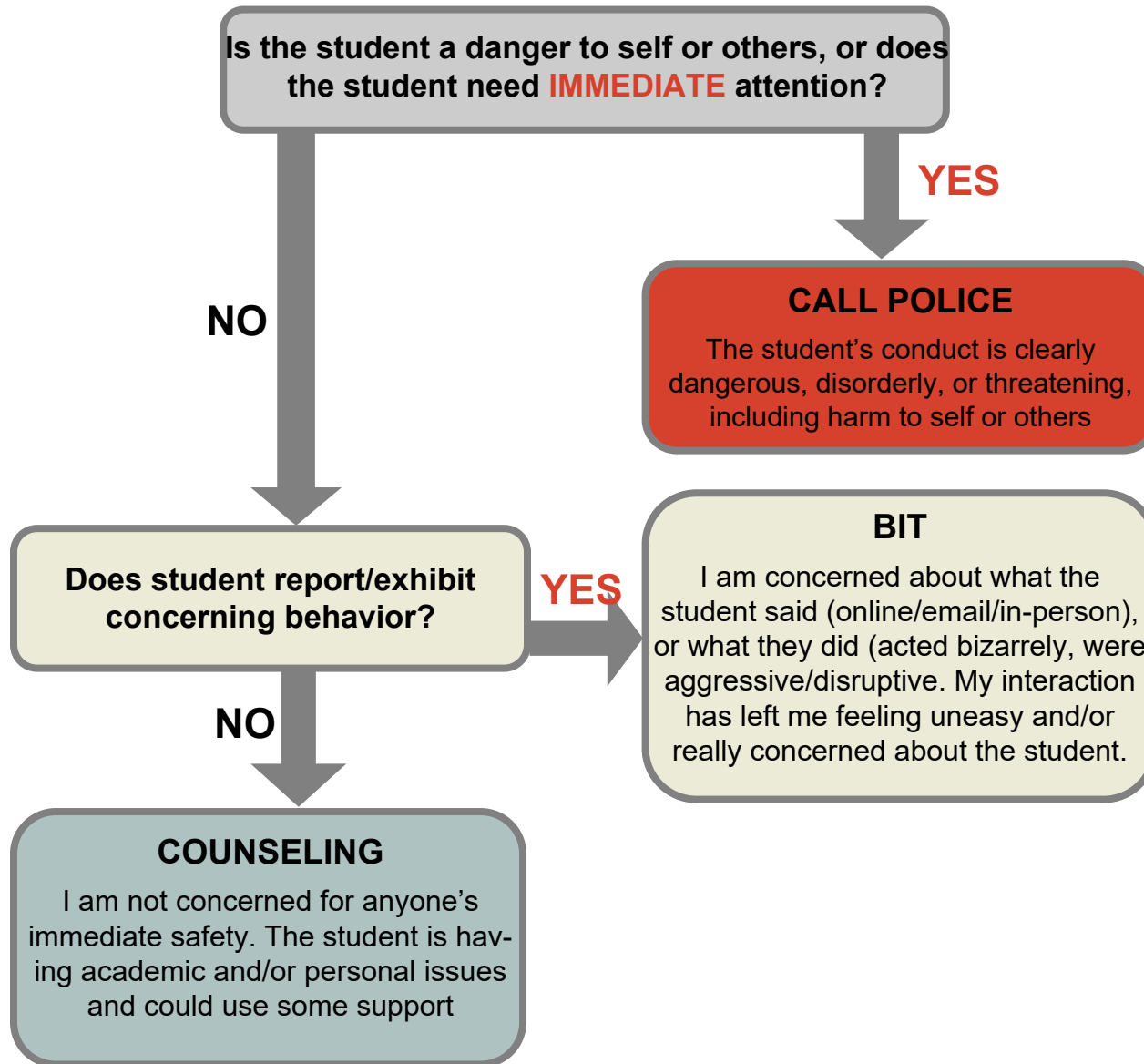


# HELPING STUDENTS GET HELP

Follow the decision tree to determine who to contact when concerned about a student



## IMMEDIATE SUPPORT RESOURCES

- Emergency | 911
- COD Police | Ext. 2000
- DuPage County Health Dept. Crisis Services | 630.627.1700
- YWCA Rape Crisis Hotline | 630.971.3927

## CAMPUS RESOURCES

- COD Police | Ext. 2000
- Counseling, Advising, and Transfer Center | Ext. 2259
- Center for Access and Accommodations | [access@cod.edu](mailto:access@cod.edu)
- Veterans Services | Ext. 3814
- Behavior Intervention Team (BIT) | Ext. 2485
- Dean of Students (BIT, Conduct, Title IX) | Ext. 2488

## COMMUNITY RESOURCES

- DuPage County Health Dept. | 630.628.7400
- Edward Hines VA Hospital | 708.202.8387
- YWCA Metro Chicago Sexual Assault Services | 630.790.6600
- DuPage Pads | 886.682.3846 Ext. 2275

## NATIONAL RESOURCES

- Crisis Text Line | Text **HOME** to 741741
- National Suicide Prevention Lifeline | 1.800.273.TALK
- SAMHSA National Helpline | 1.800.662.HELP
- Trevor Lifeline (LGBTQ+ Crisis Intervention) | 1-866.488.7386

# WHEN TO REFER | HELPING STUDENTS GET HELP

## COD Police | Immediate Attention

- Situation feel threatening and/or dangerous
- Displaying unhealthy or dangerous behavior, acting in a frightening manner
- Possession and/or use of weapon
- Physically confront or attack another
- Implies or makes direct threats to harm others
- Stalks or harasses another
- Angry or hostile outbursts, yelling, or aggressive comments
- Threatening to hurt or kill oneself
- Looking for ways to kill oneself, such as seeking access to pills, weapons, or other means
- Communication reflects suicidal actions/ behaviors/plans
- Exhibits a preoccupation with violence or exhibits a preoccupation with death or dying (through behavior, speech, or writing)
- Unresponsive to the external environment (incoherent, severe disorientation, disconnected from reality)
- Appears to be under the influence of illegal substances
- Not leaving the classroom when asked to leave
- Violations of the law

## BIT | Non-Emergency Situations

- Displays pattern of disruptive or disturbing behavior (continuous classroom disruption)
- Displays socially inappropriate or bizarre behavior
- Your efforts to manage classroom behavioral issues have not resolved the problem or concern
- Verbally abusive (taunting, intimidation)
- Inappropriate loss of temper
- Inappropriate talk about weapons
- Disturbing content in writing or presentation (violence/death)
- Academic assignments dominated by themes of extreme hopelessness, rage, worthlessness, isolation, despair, acting out, suicidal ideations/ violent behaviors
- Unreasonable demands for time and/or attention from faculty and staff
- Informs you that he or she is the recipient of unwanted attention from another student

## Counseling | Non-Emergency Situations

- Relationship goes beyond the limits of your professional role
- Marked change in previous level or performance and/or functioning
- Lacks motivation and/or concentration
- Stated need for help with a personal problem
- Self-disclosure of personal distress, family problems, relationship issues, or loss
- Depressed behavior (lack of energy, tearfulness, withdrawing from friends/family)
- Expressions of hopelessness or worthlessness
- Expressions of anxiety, irritability, lack of sleep
- Displaying dramatic changes in mood
- Going through a difficult time, but does not display any alarming behaviors
- More withdrawn or animated than usual
- Physical concerns or changes (deterioration in personal appearance or hygiene; visible changes in weight; noticeable cuts, bruises, or burns; frequent or chronic illness)
- Communication reflects thoughts about not wanting to live, sexual assaults, relationship violence, or difficulty dealing with a loss