

## FINANCIAL WELLNESS FOR MAINERS

Credit Union	TIMA	Т.
Average Monthly Expenses		
Housing:		
Rent/Mortgage	\$	Λ
Heat (Average)*	\$	F
Electric	\$	<u>F</u> (
Water	\$	(1
Property Taxes	\$	
Other Household Expenses	\$	1
Repairs / Improvements	\$	l.
Home Insurance	\$	Ν
Total Monthly Fixed Expenses	\$	L
Food:		
Groceries	\$	١,
Paper/Cleaning Supplies	\$	F
Mid-week Shopping	\$	_
Meals Out	\$	
	Ψ	
Transport:		
Gas/Fares	\$	
Maintenance	\$	
Parking	\$	
Car Insurance	\$	
Personal:		
Clothing	\$	
Medical/Dental/Vision	\$	
Education* (not student loans)	\$	
Life Insurance	\$	
Gifts	\$	
Donations	\$	
Entertainment**	\$	
Child Care	\$	l
Vacations	\$	l
Laundry Services	\$	l
Personal / Gym Fees / Haircuts	\$	l
Pet Supplies / Expenses	\$	l
Cable / Satellite TV / Internet	\$	l
Cell Phone	\$	
Other	\$	
Expense Subtotal:	\$	
Savings:	\$	
Emergency Fund	\$	
Monthly Expenses (from top)	\$	
Total Monthly		ı

Living Expenses:

Monthly Take Home Pay	\$	
Partner's Take Home Pay	\$	
Other Income	\$	
(include roommate, second job, child support, alimony, Social Security)		
Total Monthly Income:	\$	
Monthly Income:	\$	
Less Monthly Expenses:	- \$	
Amount Available for Debt:	= \$	

**Average Monthly Income** 

**Debt:** (i.e. credit cards, home equity loan, car payments, student loans, medical bills, etc.)

Creditors	Balance Owed	Minimum Payment
Total Debt Owed: \$		

**Total Monthly Debt Payments:** 

Subtract from Amount

Available for Debt (see above)

This is your Bottom Line! = \$

= \$

<sup>\*</sup>Take year's estimated total and divide by 12 for the average monthly expenses.

<sup>\*\*</sup>Entertainment includes: Reading, Videos, Music, Hobbies, Going Out & Sports.