



DIVISION OF STUDENT AFFAIRS

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LATASHA NORMAN CENTER FOR COUNSELING SERVICES

**Waitlist Information**

- Due to the large number of students, faculty, and staff currently seeking mental health services, we are placing individuals on a waitlist. When an appointment becomes available that matches your schedule, we will contact you and inform you about an available appointment date and time.
- Once contacted, **you will have 24 hours to call and confirm or decline** the appointment before someone else is offered the timeslot. If you decline the timeslot and would like to remain on the waitlist, please indicate your continued interest when you call back. **Please be informed that if you no show for your first appointment and do not follow up with our office within 24 hours, your file will be terminated at that time.**
- If you are no longer interested in services at our agency, please contact us so we can remove your name from the waitlist.
- If you are interested in pursuing other therapy options and need referrals, see some suggestions below. If you need further referrals, including using your medical insurance plan, please contact the center. A Therapist will be able to give you referrals in the community specifically tailored to your needs.
- If at any point you feel you are experiencing a mental health emergency, you can come to the center to meet with a therapist who may be available for a crisis consultation. If it is after hours, please contact the Department of Public Safety at 601-979-2580 and they will connect you to the LNC on-call crisis therapist.
- During the final week of classes, if you are still on the waitlist, you will be contacted to see if you continue to be interested in therapy. It is likely you can be assigned to a therapist the following semester.

**Off Campus Low Cost Counseling**

Hinds Behavioral Health Services	601-321-2400
Metro Counseling	601-353-0502

**Crisis Hospitals/Units**

Psycamore Psychiatric Programs	601-939-5993
St. Dominic's Behavioral Health	601-200-3090
Hinds Behavioral Health Services Mobile Crisis Unit	601-955-6381

**24-hour Hotlines**

Mississippi Department of Mental Health Helpline	1-877-210-8513
National Suicide Prevention Lifeline	1-800-273-8255

\*Your mental health is important to us!