

Talk to a doctor, anytime, anywhere*

Get access to a trusted doctor who can help you feel better faster and get back to enjoying life. Don't wait to access your Teladoc® benefits.

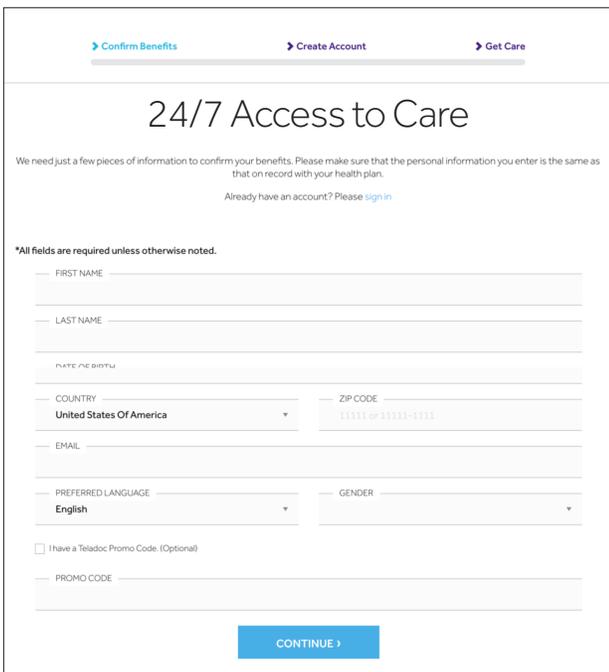
Follow these simple steps to set up your online account today!

Visit the Teladoc.com, click "Set up your account" and follow instructions so that you can get 24/7 access to care.



Step 1: Set up your account

Enter your first and last name, date of birth and member ID to get started.



[Confirm Benefits](#) [Create Account](#) [Get Care](#)

24/7 Access to Care

We need just a few pieces of information to confirm your benefits. Please make sure that the personal information you enter is the same as that on record with your health plan.

Already have an account? Please [sign in](#).

***All fields are required unless otherwise noted.**

FIRST NAME
 LAST NAME
 DATE OF BIRTH
 COUNTRY: United States Of America ZIP CODE: 11111 or 11111-1111
 EMAIL
 PREFERRED LANGUAGE: English GENDER
 I have a Teladoc Promo Code. (Optional)
 PROMO CODE

[CONTINUE >](#)

Step 2: Confirm your benefits

Provide some basic information about yourself to confirm your benefits.

[Confirm Benefits](#)
[Create Account](#)
[Get Care](#)

***All fields are required unless otherwise noted.**

We need a little more information

Please select your health or insurance provider below. We use this information to help match you to your benefits, even if your benefits are provided by your employer or association.

SELECT HEALTH OR INSURANCE PROVIDER

ENTER YOUR MEMBER ID

My health plan does not appear on this list

CONTINUE

Need help or not seeing your health plan? Call us at 1-800-TELADOC for assistance.

Step 3: Select your health provider

If your benefits haven't been found, pick your health plan from the drop-down menu. Then, enter your member ID, located on your insurance card.

If your benefits have been found, you can simply "click Continue".

[Confirm Benefits](#)
[Create Account](#)
[Get Care](#)

Finish creating your account

Your benefits are confirmed - we just need a little more information to create your account.

***All fields are required unless otherwise noted.**

Enter Your Home Address

STREET ADDRESS

STREET ADDRESS 2 (OPTIONAL)

CITY

COUNTRY

STATE

ZIP CODE

PREFERRED PHONE NUMBER

Hearing Impaired (Relay Required)

EMAIL ADDRESS

GENDER

PREFERRED LANGUAGE

Create Your Username & Password

USERNAME

PASSWORD

CONFIRM PASSWORD

Your password must follow the guidelines below

- 10-20 characters long
- Contain at least one number and at least one letter
- Use only numbers, letters, and standard symbols (standard symbols are limited to !@)
- Cannot contain the words "password", "Teladoc" or your username

SECURITY QUESTION 1

SECURITY ANSWER 1

SECURITY QUESTION 2

SECURITY ANSWER 2

SECURITY QUESTION 3

SECURITY ANSWER 3

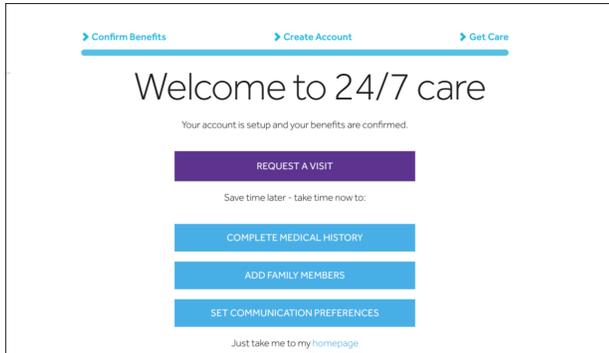
Step 4: Finish creating your account

Your benefits are confirmed! We just need a little more information to complete your registration.

Enter your contact information, username, password and security questions to finish creating your account.

Remember to take the extra steps to secure your account by following the password guidelines below:

- 10-20 characters long
- Contain at least one number and at least one letter
- Use only numbers, letters and standard symbols
- Can't contain the words "password", "Teladoc" or your username
- Don't forget to keep your password in a safe place for future reference



Step 5: Request a visit

Welcome to your access to confidential, high-quality care from anywhere! You may request a visit since your account is setup and your benefits are confirmed.

Now that you're registered, you have access to these Teladoc services:

General Medical free/visit

Talk to a U.S.-licensed doctor 24/7 for non-emergency conditions like the flu, sinus infections, sore throats and more.

Don't wait to access your Teladoc benefits, set up your account today!

Visit [Teladoc.com](https://www.teladoc.com)

Call Call 1-800-TELADOC (835-2362) | Download the app  