

# HEALTHY BOILER

## PHYSICAL HEALTH



Your **physical health** is critical to your total well-being, so the **Healthy Boiler program** champions health education, preventive care and ongoing treatment programs. Our comprehensive and **cost-controlled medical, dental and vision benefits** give you the foundation you need for physical wellness. Additionally, we offer several convenient and affordable resources to help you be proactive and in charge of your health.

### COMPREHENSIVE HEALTHCARE

Benefit-eligible employees receive:

- + [Medical coverage](#)
- + [Dental insurance](#)
- + [Vision insurance](#)
- + [Workers compensation](#)

### CENTER FOR HEALTHY LIVING

 | [purdue.edu/healthyliving](http://purdue.edu/healthyliving)

One of the key ways we help our employees achieve optimal health is through our Center for Healthy Living.

Our onsite health centers are available to all faculty and staff as well as dependents. The care, convenience and cost we offer are all designed with you in mind.

- + Primary care and wellness
- + Treatment for common illnesses
- + Chronic disease management
- + Dietician consultation: diabetes, hypertension, pregnancy/postpartum, gastric conditions
- + Tobacco cessation program
- + Onsite pharmacist for medication review and consultation
- + Health care navigation
- + Health coaching: nutrition/healthy eating, stress management, social self-care
- + Telephonic wellness program available to all employees
- + Behavioral health counselors
- + Free wellness programs
- + Cologuard colon cancer screening
- + Telehealth

### EARN WELLNESS INCENTIVES

As you complete health and wellness activities, you can earn financial incentives from Purdue, which are deposited monthly to your HSA or HRA. **You take care of yourself, and we help take care of you.**

YOU COULD EARN UP TO:

**\$450**  
EMPLOYEE

**\$900**  
EMPLOYEE PLUS

Get started today at [purdue.wellright.com](http://purdue.wellright.com)

CENTER FOR  
HEALTHY LIVING



PRIMARY CARE



Human Resources

# HEALTHY BOILER



## PREVENTIVE CARE

Preventive care is completely free under all Purdue medical plans.

- + Annual physicals for men and women
- + Preventive screenings: blood pressure, type 2 diabetes screening, cholesterol and lipid levels, etc.
- + Immunizations
- + Annual flu vaccine
- + Gender/age-specific well visits/screenings (mammogram, colonoscopy, etc.)

## VOLUNTARY BENEFITS: PHYSICAL HEALTH

Voluntary benefits can give you extra peace of mind that if an unexpected situation occurs you will have additional financial protection. You can pay for the following insurance benefits via payroll deduction:

- + Accident
- + Critical Illness
- + Supplemental Hospital

## DIRECT AGREEMENTS

Purdue has partnerships with certain providers to give Purdue employees and dependents specialized care at affordable rates.

- + Physical Therapy (ATI), including an onsite program on the West Lafayette campus
- + Total Hip Total Knee Replacements (Franciscan Health)
- + Imaging (Franciscan Health + PUSH)
- + Bariatric, Musculoskeletal, Cardiac & Sports Medicine (Carrum Health)
- + Mammogram Program (Franciscan Health)
- + Specialty Prescriptions (Archimedes)
- + Labs (Tier 1 Providers)
- + Colonoscopies (Unity Health)

## LIVE YOUR BEST LIFE

The **Healthy Boiler Program** offers a full spectrum of benefits and resources aimed at improving your health and wellness.

And because we believe overall wellness is multi-faceted, the program focuses on your **behavioral health, financial wellness, physical health, social wellness and work-life integration** to help you be the best you can be.

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