

MARCH 2025

Community Outreach



RANDOM ACTS OF KINDNESS
FOUNDATION®

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2 Start seeds at home in anticipation of planting in a community or home garden.														3 Organize community workshops to share skills or talents, such as cooking, crafting, or home repair.														4 Write thank-you cards to local firefighters, police officers and other community heroes.														5 Use reusable water bottles and lunch containers to reduce waste.														6 Start a pen pal program with residents of a local nursing home.														7 Host a community potluck where everyone brings a dish to share.														8 Arrange a visit to a local nursing home to spend time with the residents.													
9 Unplug from technology and participate in a community event.														10 Start or join a mentorship program where adults can mentor youth in the community, offering guidance, support, and encouragement for their personal and academic growth.														11 Dedicate a day for helping neighbors with tasks like yard work, grocery shopping, or home repairs.														12 Give someone a genuine and meaningful compliment.														13 Say, "Thank You!" and mean it.														14 Partner with a local blood bank to organize a blood donation drive.														15 Get your family members together and tell funny stories.													
16 Encourage people to shop locally, and consider holding a raffle or giveaway to incentivize participation.														17 Collect non-perishable food items and donations to support local food banks.														18 Share an encouraging poem with someone.														19 Make someone happy today by doing something they love with them.														20 Spring Into Kindness: Become a RAKtivist!														21 Go to bed an hour early.														22 Swing on a swing.													
23 Gather family and friends and challenge each other with the Kindness for a Dollar RAKtivist toolkit.														24 Set up or contribute to a "Little Free Library" in your community where people can take or leave books.														25 Organize or participate in a volunteer fair where local nonprofits can connect with potential volunteers. It's a great way to match people's skills with community needs.														26 Smile at everyone you see today.														27 Host or attend a local art show, craft fair, or music performance to support local artists and creators.														28 Leave your favorite book with a note inside for someone to find.														29 Take a walk in the park with a friend or family member.													
30 Organize a neighborhood or park clean-up event. Bring together community members to pick up litter, plant flowers, and beautify local spaces.														31 Set up community outreach for seniors in nursing homes or assisted living facilities. Consider organizing a group to provide companionship or host activities and games for them.														1														2														3														4														5													