Deffenbacher Driving Anger Scale (Deffenbacher, Oetting & Lynch, 1994) – Short form

Instructions: Imagine that each situation described below was actually happening to you and rate the amount of anger that would be provoked.

	none at all	a little	some	much	very much	
	1	2	3	4	5	
1.	Someone is weaving in and out of traffic.					
2.	A slow vehicle on a mountain road will not pull over and let people by.					
3.	Someone backs right out in front of you without looking.					
4.	Someone runs a red light or stop sign.					
5.	You pass a radar speed trap.					
6.	Someone speeds up when your try to pass him/her.					
7.	Someone is slow in parking and is holding up traffic.					
8.	You are stuck in a traffic jam.					
9.	Someone makes an obscene gesture toward you about your driving.					
10.	Someone honks at you about your driving.					
11.	A bicyclist is riding in the middle of the lane and is slowing traffic.					
12.	A police officer pulls you over.					
13.	A truck kicks up sand or gravel on the car you are driving.					
14.	You are driving behind a large truck and you cannot see around it.					

Scoring: Sum the ratings for the 14 items.

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References

Deffenbacher, J.L., Oetting, E.R., & Lynch, R.S. (1994). Development of a Driving Anger Scale. *Psychological Reports*, 74, 83-91.