

# YWCA Early Childhood Educator Training Calendar

October—December 2024



eliminating racism  
empowering women  
**ywca**  
metropolitan chicago



**YWCA Metropolitan is continuously working to format our training calendar to best meet the needs of our clients.**

**Trainings have been grouped by the categories in which the training is focused.**

**New Provider Orientation:** YWCA Metropolitan Chicago offers an orientation workshop for anyone interested in becoming a small business entrepreneur called **Quality Beginnings**. Information and resources will be provided on opening and operating a child care business. This workshop is intended for **new child care business owners that have been in business 1 year or less**.

**CCAP Training Requirements - CPR/First Aid:** The Illinois Department of Human Services (IDHS) partners with child care providers to serve low income families through the Child Care Assistance Program (CCAP). To help ensure the health and safety of children, the Federal government is now requiring that providers complete specific health, safety and child development training, have current CPR/First Aid certification, and complete annual training hours.

**Specialized Trainings:** Trainings covering multiple content areas related to the field of early childhood education.

**CCDBG Health, Safety, & Child Development requirements:** The Child Care and Development Block Grant (CCDBG) Act made major changes designed to protect the health and safety of children in early care education (ECE) settings. One of the mandated changes included in the ACT was, States and Territories must have minimum health and safety training to be completed pre-service or during an orientation period in addition to ongoing training. Providers can take any course in the Gateways Registry in order to meet annual/ongoing training requirements. No specific set of courses is mandated in order to meet annual/ongoing training requirements.





**YWCA Metropolitan trabaja continuamente para dar formato a nuestro calendario de capacitación para satisfacer mejor las necesidades de nuestros clientes.**

**Las capacitaciones se han agrupado por categorías a las que se aplica la capacitación.**

**Orientación para nuevos proveedores:** YWCA Metropolitan Chicago ofrece un taller de orientación para cualquier persona interesada en convertirse en un pequeño empresario llamado Comienzos de Calidad. Se proporcionará información y recursos sobre la apertura y funcionamiento de un negocio de cuidado infantil. Este taller está destinado a **nuevos propietarios de negocios de cuidado infantil que han estado en el negocio durante 1 año o menos.**

**Requisitos de capacitación de CCAP - RCP/primeros auxilios:** El Departamento de Servicios Humanos de Illinois (IDHS) colabora con proveedores de cuidado de niños para servir a familias de bajos ingresos a través del Programa Asistencia Para Cuidado de Niños (CCAP). Para ayudar a asegurar la salud y la seguridad de los niños, el Gobierno federal ahora requiere que los proveedores completen entrenamiento específico de salud, seguridad y desarrollo del niño, cuenten con la certificación de RCP/Primeros Auxilios, y completen las horas anuales requeridas de entrenamiento.

**Entrenamientos especializados:** Capacitaciones que cubren múltiples áreas de contenido relacionadas con el campo de la educación infantil.

**Requisitos de Salud, Seguridad y Desarrollo Infantil de la CCDBG:** La Ley de Subvención en Bloque para el Cuidado y Desarrollo Infantil (CCDBG, por sus siglas en inglés) hizo cambios importantes diseñados para proteger la salud y la seguridad de los niños en entornos de educación de cuidado infantil (ECE, por sus siglas en inglés). Uno de los cambios obligatorios incluidos en el ACT fue que los estados y territorios deben tener una capacitación mínima en salud y seguridad que se debe completar antes del servicio o durante un período de orientación, además de la capacitación continua. Los proveedores pueden tomar cualquier curso en el Registro de Gateways para cumplir con los requisitos de capacitación anual.



# YWCA's Education Navigators Program

## Education Navigators are Ready to Support You!

Our top priority is connecting the Early Childhood Education workforce with appropriate programs at 2- and 4-year colleges to obtain additional degrees/licenses/credentials and bring awareness to scholarship opportunities.

- Assistance with college applications
- Navigating Course options and directory
- Information for scholarship eligibility (Golden Apple, SETTW, MTI, etc.)
- Assistance with FAFSA (financial aid packages, grants, Alternative Application for Illinois Financial Aid)

For more information, email [continuingeducation@ywcachicago.org](mailto:continuingeducation@ywcachicago.org). We're on a mission to work side by side with educators to offer professional development opportunities that will strengthen their knowledge and increase the quality of care for children and families they serve.

## Navegadores de educación están listos para apoyarte!

Nuestra principal prioridad es conectar a la fuerza laboral de Educación Infantil Temprana con programas apropiados en universidades de 2 y 4 años para obtener títulos/licencias/credenciales adicionales y traer conciencia sobre las oportunidades de becas.

- Asistencia con solicitudes universitarias
- Navegación por las opciones y el directorio del curso
- Información para la elegibilidad de la beca (Golden Apple, SETTW, MTI, etc.)
- Asistencia con FAFSA (paquetes de ayuda financiera, subvenciones y solicitud alternativa para Illinois Financial Aid)

Para obtener más información, envíe un correo electrónico a [continuingeducation@ywcachicago.org](mailto:continuingeducation@ywcachicago.org). Tenemos la misión de trabajar codo a codo con los educadores para ofrecer oportunidades de desarrollo profesional que fortalecerán su conocimiento y aumentarán la calidad de la atención para los niños y las familias a las que sirven.

## Training Legend



**Virtual Training/Entrenamiento virtual:** [Zoom](#)

**CH** Contact Hours/Horas de contacto



**In-Person Training/Entrenamiento presencial:** [DuPage County](#) 2055 Army Trail Road, Suite 140 Addison, IL 60101

**CDA** CDA Content Areas/Área(s) de contenido de CDA



**In-Person Training/Entrenamiento presencial:** [Lake County](#) 1537 South Waukegan Road, Waukegan, IL 60085

**GC** Gateways Credential: Infant Toddler/ Credencial de Gateways: Bebé hasta dos años

 847-662-4247

# Fall/Winter 2024 Training Calendar

Español  
ECS Only  
ExceleRate

## OCTOBER

A Child's Developing Mind: What Happens In The Brain From Ages 0-5?				1st	Virtual	\$25.00	p. 13
CPR and First Aid/Anaphylaxis Certification American Safety & Health Institute		✓		2nd	DuPage County	FREE	p. 8
CPR and First Aid/Anaphylaxis Certification American Safety & Health Institute				2nd	DuPage County	\$70.00	p. 8
Introducción a las Escalas de Clasificación de Entorno - Parte 1 & 2	✓		✓	3rd	Virtual	\$10.00	p. 11
Quality Beginnings				8th	Virtual	\$25.00	p. 7
Program for Infant Toddler Care (PITC) Module 1: Social Emotional Growth and Socialization - Part 1 & 2				9th	Virtual	FREE	p. 12
Fortalecer la Sensibilidad de las Maestras con Niños de 0-3 anos				15th	Virtual	\$15.00	p.13
Introduction to the Environment Rating Scale (ERS) - Part 1 & 2			✓	16th	Virtual	\$10.00	p. 11
Individualización				22nd	Virtual	\$35.00	p. 13
Including Everyone: Providing Supports for Children with Special Needs				22nd	Virtual	\$25.00	p. 14
CPR and First Aid/Anaphylaxis Certification American Heart Association		✓		26th	Lake County	FREE	p. 8
CPR and First Aid/Anaphylaxis Certification American Heart Association				26th	Lake County	\$70.00	p. 8

## NOVEMBER

Certificación en RCP y Primeros Auxilios/Anafilaxis American Heart Association	✓	✓		9th	Lake County	FREE	p. 8
Certificación en RCP y Primeros Auxilios/Anafilaxis American Heart Association	✓			9th	Lake County	\$70.00	p. 8
Maneras de Incorporar la Música en tu Aula	✓			7th	Virtual	\$15.00	p. 14
Comienzos de Calidad	✓			12th	Virtual	\$25.00	p. 7
Program for Infant Toddler Care (PITC) Module 2: Group Care - Part 1 & 2				13th	Virtual	FREE	p. 12
Certificación en RCP y Primeros Auxilios/Anafilaxis American Heart Association	✓	✓		14th	DuPage County	FREE	p. 8
Certificación en RCP y Primeros Auxilios/Anafilaxis American Heart Association	✓			14th	DuPage County	\$70.00	p. 8
Understanding Children's Challenging Behavior: An Attachment Theory Approach				14th	Virtual	\$25.00	p. 14
What is CCAP? (For Family Child Care)				20th	Virtual	FREE	p. 9
¿Que es CCAP? (Cuidado infantil familiar)	✓			20th	Virtual	FREE	p. 9
8 Dimensions of Wellness for Leaders				21st	DuPage County	\$25.00	p. 15

# Fall/Winter 2024 Training Calendar

Español

ECS Only

ExceleRate

## DECEMBER

<b>Shaken Baby and Traumatic Brain Injury</b>				3rd	Lake County	FREE	p. 6
<b>Sudden Infant Death Syndrome (SIDS/SUID/AAP and Safe Sleep)</b>				3rd	Lake County	FREE	p. 10
<b>The Power of Reading- Promoting Young Children's Speech and Language Development</b>				4th	Virtual	\$15.00	p. 15
<b>CPR and First Aid/Anaphylaxis Certification American Heart Association</b>		✓		7th	DuPage County	FREE	p. 10
<b>CPR and First Aid/Anaphylaxis Certification American Heart Association</b>				7th	DuPage County	\$70.00	p. 10
<b>Quality Beginnings</b>				10th	Virtual	\$25.00	p. 7
<b>Self-Compassion and Reflection: Practice Being Kind to Yourself</b>				10th	Virtual	\$25.00	p. 15
<b>Program for Infant Toddler Care (PITC) Module 3: Learning and Development - Part 1 &amp; 2</b>				11th	Virtual	FREE	p. 12
<b>Elementos Basicos de Desarrollo Infantil, Salud y Seguridad</b>	✓			14th	Lake County	FREE	p. 10
<b>Praise vs Encouragement</b>				17th	Virtual	\$15.00	p. 15
<b>CPR and First Aid/Anaphylaxis Certification American Heart Association</b>		✓		18th	Lake County	FREE	p. 10
<b>CPR and First Aid/Anaphylaxis Certification American Heart Association</b>				18th	Lake County	\$70.00	p. 10



# New Provider Orientation

## Orientación para nuevos proveedores

### Quality Beginnings

**Presenter: Lorena Sanchez** | Register here: <https://bit.ly/3SZbPrC>

Interested in starting a home child care business? Then this class is for you! A brief overview of all the aspects involved in operating a family child care home, including interviewing parents, marketing your services, setting up, record keeping and taxes, and more will be covered. When you start a child care business, you will find that you need forms. A lot of forms. From schedules to contracts, from transportation agreements to getting to know you, and many more. Don't worry. We have gathered all of the forms you can think of and have put them onto a flash drive that you can purchase; and they are all editable.

- Add to your registration for only \$10.
- Purchase the day of the training for \$15.

**CH: 2.5 CDA: 5 (2.5hrs)**

**10/8/2024**  
6:00PM - 8:30PM  
**Virtual**

### Comienzos de Calidad

**Presentadora: Norma Duran** | Regístrese aquí: <https://bit.ly/46X75IS>

¿Está interesado en comenzar un negocio de calidad de cuidado de niños en la casa?  
¡Entonces esta clase es para usted! Se revisará, en forma general, todos los aspectos envueltos en operar un negocio familiar de cuidado de niños, incluyendo entrevista con los padres, mercadeando sus servicios, manteniendo archivos e impuestos, y mucho más. Cuando comienza un negocio de cuidado infantil, encontrará que necesita formas. Muchas formas. Desde horarios hasta contratos, desde acuerdos de transporte hasta "llegar a conocerte", y muchas más. No se preocupe. Hemos reunido todas las formas que se necesitan y los hemos colocado en una memoria USB que puede comprar y todas las formas son editables.

- Agregue uno a su registración de Comienzos de Calidad por solo \$10.
- Comprarlos el día de la orientación por \$15.

**CH: 2.5 CDA: 5 (2.5hrs)**

**11/12/2024**  
6:00PM - 8:30PM  
**Virtual**

### Quality Beginnings

**Presenter: Derrick McCollum** | Register here: <https://bit.ly/3X14Wam>

Interested in starting a home child care business? Then this class is for you! A brief overview of all the aspects involved in operating a family child care home, including interviewing parents, marketing your services, setting up, record keeping and taxes, and more will be covered. When you start a child care business, you will find that you need forms. A lot of forms. From schedules to contracts, from transportation agreements to getting to know you, and many more. Don't worry. We have gathered all of the forms you can think of and have put them onto a flash drive that you can purchase; and they are all editable.

- Add to your registration for only \$10.
- Purchase the day of the training for \$15.

**CH: 2.5 CDA: 5 (2.5hrs)**

**12/10/2024**  
6:00PM - 8:30PM  
**Virtual**

# CCAP Training Requirements

## Requisitos de capacitación del CCAP

<p><b>CPR and First Aid/Anaphylaxis Certification American Safety &amp; Health Institute</b></p> <p><b>Presenter: Vickie Onesti</b>   Register here: <a href="https://bit.ly/3YYugAE">https://bit.ly/3YYugAE</a></p> <p>This course is designed to prepare participants to provide first aid, CPR, and use an Epi pen and automated external defibrillator (AED) in a safe, timely, and effective manner. It offers the basics of recognizing and administering first aid for the most common life-threatening emergencies including anaphylaxis.</p> <p><b>CH: 3 CDA: 1 (3hrs)</b></p>	<p style="text-align: center;"><b>10/2/2024</b> 6:30PM - 9:30PM</p> <p style="text-align: center;"><b>YWCA Patterson McDaniel Family Center</b></p> <p style="text-align: center;">2055 W. Army Trail Rd, Ste 140 Addison, IL 60101</p>
<p><b>CPR and First Aid/Anaphylaxis Certification American Heart Association</b></p> <p><b>Presenter: Amy Weseloh</b>   Register here: <a href="https://bit.ly/3Xc0AhX">https://bit.ly/3Xc0AhX</a></p> <p>American Heart Association Pediatric First Aid and HeartSaver Adult/Infant/Child CPR certification, including anaphylaxis/Epi Pen training. The American Heart certification is valid for 2 years.</p> <p><b>CH: 3 CDA: 1 (3hrs)</b></p>	<p style="text-align: center;"><b>10/26/2024</b> 9:00AM - 12:00PM</p> <p style="text-align: center;"><b>YWCA Lake County</b></p> <p style="text-align: center;">1537 South Waukegan Rd. Waukegan, IL 60085</p>
<p><b>Certificación en RCP y Primeros Auxilios/Anafilaxis American Heart Association</b></p> <p><b>Presentador: Carlos Duran</b>   Regístrese aquí: <a href="https://bit.ly/4dyIMn3">https://bit.ly/4dyIMn3</a></p> <p>Certificación de RCP para adultos/bebés/niños y primeros auxilios pediátricos de la American Heart Association y HeartSaver, incluida la capacitación en anafilaxia/Epi Pen. La certificación American Heart tiene una validez de 2 años.</p> <p><b>CH: 3 CDA: 1 (3hrs)</b></p>	<p style="text-align: center;"><b>11/9/2024</b> 8:30AM - 11:30AM</p> <p style="text-align: center;"><b>YWCA Lake County</b></p> <p style="text-align: center;">1537 South Waukegan Rd. Waukegan, IL 60085</p>
<p><b>Certificación en RCP y Primeros Auxilios/Anafilaxis American Heart Association</b></p> <p><b>Presentador: Carlos Duran</b>   Regístrese aquí: <a href="https://bit.ly/3AyPV8e">https://bit.ly/3AyPV8e</a></p> <p>Certificación de RCP para adultos/bebés/niños y primeros auxilios pediátricos de la American Heart Association y HeartSaver, incluida la capacitación en anafilaxia/Epi Pen. La certificación American Heart tiene una validez de 2 años.</p> <p><b>CH: 3 CDA: 1 (3hrs)</b></p>	<p style="text-align: center;"><b>11/14/2024</b> 6:30PM - 9:30PM</p> <p style="text-align: center;"><b>YWCA Patterson McDaniel Family Center</b></p> <p style="text-align: center;">2055 W. Army Trail Rd, Ste 140 Addison, IL 60101</p>



<p><b>What is CCAP? (For Family Child Care)</b>  <b>Presenter: Ana Ryabchenko   Register here: <a href="https://bit.ly/46Y1MIZ">https://bit.ly/46Y1MIZ</a></b></p> <p>The What is CCAP? for Family Child Care training reviews the Illinois Department of Human Service (IDHS) Child Care Assistance Program (CCAP). The IDHS CCAP helps pay for child care expenses for income-eligible families who work or participate in eligible activities. This training describes CCAP eligibility guidelines and application requirements for families and family child care homes. Payment determination and options for receiving payment are also explained along with additional information for both CCAP providers and families.</p> <p><b>CH: 2 CDA: 5 (2hrs)</b></p>	<p><b>11/20/2024</b>  6:30PM - 8:30PM  <b>Virtual</b></p>
<p><b>¿Que es CCAP? (Cuidado infantil familiar)</b>  <b>Presentadora: Jenny Arias   Regístrese aquí: <a href="https://bit.ly/3yRgUeC">https://bit.ly/3yRgUeC</a></b></p> <p>La capacitación de ¿Qué es CCAP? para cuidado infantil familiar revisa el Programa de Asistencia para el Cuidado Infantil (CCAP) del Departamento de Servicios Humanos de Illinois (IDHS). El CCAP de IDHS ayuda pagar los gastos de cuidado infantil para las familias que trabajan o participan en actividades elegibles. Esta capacitación describe las pautas de elegibilidad de CCAP y los requisitos de solicitud para los hogares familiares de cuidado infantil. La determinación de pagos y las opciones para recibir el pago también se explican junto con información adicional para los proveedores de CCAP y las familias.</p> <p><b>CH: 2 CDA: 5 (2hrs)</b></p>	<p><b>11/20/2024</b>  6:30PM - 8:30PM  <b>Virtual</b></p>
<p><b>Shaken Baby and Traumatic Brain Injury</b>  <b>Presenter: Connie Crawford   Register here: <a href="https://bit.ly/3T00yau">https://bit.ly/3T00yau</a></b></p> <p>This training discusses the signs, symptoms, causes, triggers, prevention, and long-term effects of Shaken Baby Syndrome and Traumatic Brain Injury. The successful completion of this course meets DCFS pre-service licensing requirements for home care providers. Licensed providers will also receive training hours for license renewal.</p> <p><b>**Training also Meets DCFS requirement for all providers**</b></p> <p><b>CH: 1.5 CDA: 1 (1.5hrs)</b></p>	<p><b>12/3/2024</b>  6:00PM - 7:30PM</p> <p><b>YWCA Lake County</b>  1537 South  Waukegan Rd.  Waukegan, IL 60085</p>
<p><b>Sudden Infant Death Syndrome (SIDS/SUID/AAP and Safe Sleep)</b>  <b>Presenter: Connie Crawford   Register here: <a href="https://bit.ly/3ALZUXJ">https://bit.ly/3ALZUXJ</a></b></p> <p>This training discusses Sudden Infant Death Syndrome (SIDS/SUID/AAP Safe Sleep), including behaviors that increase the risk of SIDS, safe sleep habits, licensing standards, and resources for further information. The successful completion of this course meets DCFS pre-service licensing requirements for home care providers. Licensed providers will also receive training hours for license renewal.</p> <p><b>**Training also meets DCFS requirement for all providers**</b></p> <p><b>CH: 1.5 CDA: 1 (1.5hrs)</b></p>	<p><b>12/3/2024</b>  7:30PM - 9:00PM</p> <p><b>YWCA Lake County</b>  1537 South  Waukegan Rd.  Waukegan, IL 60085</p>

<p><b>CPR and First Aid/Anaphylaxis Certification American Heart Association</b></p> <p><b>Presenter: Amy Weseloh</b>   Register here: <a href="https://bit.ly/46X3ieu">https://bit.ly/46X3ieu</a></p> <p>American Heart Association Pediatric First Aid and HeartSaver Adult/Infant/Child CPR certification, including anaphylaxis/Epi Pen training. The American Heart certification is valid for 2 years.</p> <p><b>CH: 3 CDA: 1 (3hrs)</b></p>	<p><b>12/7/2024</b> 9:00AM - 12:00PM</p> <p><b>YWCA Patterson McDaniel Family Center</b> 2055 W. Army Trail Rd, Ste 140 Addison, IL 60101</p>
<p><b>Elementos Básicos de Desarrollo Infantil, Salud y Seguridad</b></p> <p><b>Presentadora: Ana Sanchez</b>   Regístrese aquí: <a href="https://bit.ly/3AAk873">https://bit.ly/3AAk873</a></p> <p>Esta capacitación proporcionará a los participantes una visión general del desarrollo infantil, salud, y cuestiones de seguridad para los niños desde el nacimiento hasta la edad escolar temprana. El énfasis será en la comprensión de las pautas de desarrollo, áreas de desarrollo, y el papel que juega la nutrición en el desarrollo. Además, las cuestiones de salud y seguridad abarcarán el apoyo al crecimiento sano de los niños – desde lo fundamental como el lavado de manos hasta prácticas más profundas que involucran procedimientos saludables y la prevención de enfermedades. Los participantes aprenderán más sobre la planificación/preparación de emergencias y los primeros auxilios además de identificar sugerencias para mantener un ambiente seguro de interior y/o al aire libre.</p> <p><b>CH: 4 CDA: 1 (2.5hrs) &amp; 8 (1.5hrs)</b></p>	<p><b>12/14/2024</b> 8:30AM - 12:30PM</p> <p><b>YWCA Lake County</b> 1537 South Waukegan Rd. Waukegan, IL 60085</p>
<p><b>CPR and First Aid/Anaphylaxis Certification American Heart Association</b></p> <p><b>Presenter: Carlos Duran</b>   Register here: <a href="https://bit.ly/3MjJ8SC">https://bit.ly/3MjJ8SC</a></p> <p>This training will focus on CPR and choking rescue for adults, children, and infants. Treatment of bleeding, burns, shock, seizure, splinting, and anaphylaxis. Proper use of Epi pen and automated external defibrillators (AED) will also be covered. Participants will earn a 2-year certification.</p> <p><b>CH: 3 CDA: 1 (3hrs)</b></p>	<p><b>12/18/2024</b> 6:30PM - 9:30PM</p> <p><b>YWCA Lake County</b> 1537 South Waukegan Rd. Waukegan, IL 60085</p>

## Introducción a las Escalas de Clasificación de Entorno - Parte 1 & 2

**Presentadora:** Jennifer Robertson | **Regístrese aquí:** <https://bit.ly/4fTgJQL>

Este curso de entrenamiento es diseñado para programas dictados en centros y proveedores de cuidados en hogares familiares, y ofrece una vista general de las escalas de clasificación del entorno. Las escalas de clasificación del entorno son herramientas de evaluación fáciles de usar que miden la calidad del ambiente de aprendizaje de niños desde la infancia hasta la edad escolar. Al finalizar este curso, los participantes serán capaces de utilizar las herramientas para evaluar por sí mismos sus programas y mejorar la planificación. **\*\*\*Debe asistir a ambas sesiones para recibir la certificación\*\*\***

**CH: 4 CDA: 3 (4hrs)**

**10/3/2024**  
6:30PM - 8:30PM  
&  
**10/8/2024**  
6:30PM - 8:30PM  
**Virtual**

## Introduction to the Environment Rating Scale (ERS) - Part 1 & 2

**Presenter:** Whitney Bieber | **Register here:** <https://bit.ly/3XeZS3q>

This training is for center-based programs and family child care providers and offers an overview of the Environment Rating Scales. The Environment Rating Scales are user-friendly assessment tools that measure the quality of the learning environment for infants through school-age children. After completing this training, participants will be able to use the tool(s) for program self-assessment and improvement planning. **\*\*\*Must attend both sessions to receive certification\*\*\***

**CH: 4 CDA: 3 (4hrs)**

**10/16/2024**  
6:30PM - 8:30PM  
&  
**10/23/2024**  
6:30PM - 8:30PM  
**Virtual**

## Program for Infant Toddler Care (PITC) Module 1: Social Emotional Growth and Socialization - Part 1 & 2

**Presenter:** Casey Craft-Cortes | **Register here:** <https://bit.ly/46XA2nS>

Social-Emotional Growth and Socialization explores topics on social-emotional development in the first three years, temperaments of children and caregivers, socialization, guidance and discipline, environments, and gaining an understanding of children's behavior. Training will begin with an overview of the basic concepts of early social-emotional growth and socialization and their application to the group care context. An emphasis is placed on the development of a nurturing relationship between the infant and caregiver. The overview addresses the importance of responsive caregiving, the individualization of care through an understanding of infant temperament, the critical role of family and culture in early identity development, exploring developmentally appropriate play strategies with ages of infancy, creating supportive physical environments, and stages of emotional development. **\*\*\*Must attend both sessions to receive certification\*\*\***

**CH: 6 CDA: 2 (2hrs), 3 (2hrs), & 8 (2hrs)**

**10/9/2024**  
6:30PM - 8:30PM  
&  
**10/12/2024**  
8:30AM - 12:30PM  
**Virtual**

## Program for Infant Toddler Care (PITC) Module 2: Group Care - Part 1 & 2

**Presenter:** Casey Craft-Cortes | **Register here:** <https://bit.ly/4dANiBh>

Group Care introduces special considerations in caring for infants and toddlers and six program policies that support the development of emotionally secure relationships and mental health in the group care setting. An overview of the content of Module 2 explores the ideas of primary care, well-designed learning environments, positive impact of responsive caregiving routines, and individualized care on the well-being and development of children from birth to three. Attention is also given to how the policies of primary care, small groups, continuity of care, culturally responsive care, and inclusive care of children with special needs prove the foundation for high quality infant/toddler care. At the end of this module, participants will have the tools to use primary care in their home or classroom, make engaging environments, assist children in daily routines, and individualize care for all children. **\*\*\*Must attend both sessions to receive certification\*\*\***

**CH: 6 CDA: 1 (2hrs), 5 (2hrs), & 8 (2hrs)**

**11/13/2024**  
6:30PM - 8:30PM  
&  
**11/16/2024**  
8:30AM - 12:30PM  
**Virtual**

## Program for Infant Toddler Care (PITC) Module 3: Learning and Development - Part 1 & 2

**Presenter:** Casey Craft-Cortes | **Register here:** <https://bit.ly/3X0wE76>

This session explores brain development, early learning and language development, and appropriate curriculum planning for infants and toddlers. PITC's view of infants as active, self-motivated learners is explained and the role of the caregiver in supporting an infant's desire for exploration is considered. The perspective that is presented can be summed up in the following way: "All children are born wired for feelings and ready to learn" when provided nurturing relationships and a peaceful but engaging environment that supports all learners, including infants with special needs. Engaging discussion and activities support participant's learning. **\*\*\*Must attend both sessions to receive certification\*\*\***

**CH: 7 CDA: 2 (3hrs) & 8(4hrs)**

**12/11/2024**  
6:30PM - 9:30PM  
&  
**12/14/2024**  
8:30AM - 12:30PM  
**Virtual**

# Specialized Trainings Entrenamientos especializados

## **A Child's Developing Mind: What Happens In The Brain From Ages 0-5?**

**Presenters: Lorena Sanchez & Derrick McCollum** | Register here: <https://bit.ly/3YGTWz>

The training session, titled "A Child's Developing Mind: What Happens In The Brain From Ages 0-5," offers an in-depth exploration into the critical stages of brain development during early childhood. Participants will delve into the rapid neurological changes that occur from birth through age five, examining how these changes influence cognitive, emotional, and social growth. The course covers key topics such as synaptic pruning, neural plasticity, and the impact of environmental factors on brain development. By understanding these fundamental processes, attendees will gain valuable insights into supporting optimal brain development in young children, equipping them with the knowledge to foster healthy developmental outcomes.

**CH: 2 CDA: 1 (.25hrs), 2 (.25hrs), 3 (.25hrs), 4 (.25hrs), & 8 (1hr)**

**10/1/2024**  
6:30PM - 8:30PM  
**Virtual**

## **Fortalecer la Sensibilidad de las Maestras con Niños de 0 a 3 Años**

**Presentadora: Julieta Aguilera** | Regístrese aquí: <https://bit.ly/3Mgg5iL>

Los primeros pasos son vitales para estimular su pasión por aprender y ayudarles a gestionar sus emociones, establecer lazos sociales y descubrir sus talentos naturales. Este entrenamiento tiene la finalidad de Sensibilizar al docente a través de actividades y reflexiones para promover de forma creativa la motivación del niño dentro del salón de clase y fortalecer el proceso de adaptación de manera individualizada para desarrollar en el niño su autonomía personal y habilidades para regular su propio comportamiento con ayuda de los maestros.

**CH: 1 CDA: 3 (1hr)**

**10/15/2024**  
6:30PM - 7:30PM  
**Virtual**

## **Individualización**

**Presentadora: Ana Sanchez** | Regístrese aquí: <https://bit.ly/3AEZDGB>

La individualización en la educación consiste en personalizar los métodos de enseñanza para que se adapten a la identidad, los intereses, los antecedentes familiares, el idioma, las fortalezas y los requisitos únicos de cada alumno. Durante nuestra sesión, examinaremos una variedad de recursos diseñados para ayudarlo a personalizar el entorno de aprendizaje e involucrar de manera efectiva a los niños en su recorrido de aprendizaje. Además, profundizaremos en estrategias prácticas para implementar enfoques individualizados en diferentes períodos del día.

**CH: 3 CDA: 2 (1hr), 6 (1hr), & 7 (1hr)**

**10/22/2024**  
6:00PM - 9:00PM  
**Virtual**

<p><b>Including Everyone: Providing Supports for Children with Special Needs</b></p> <p><b>Presenter: Susan Mrazek   Register here: <a href="https://bit.ly/47fyd69">https://bit.ly/47fyd69</a></b></p> <p>In a 2014 survey conducted by the Early Learning Challenge Technical Assistance program, 30% of the challenges including children with disabilities into mainstream preschool programs were related to adult attitudes and beliefs. While including children with special needs and/or diagnoses in your classroom can be uniquely challenging at times, decades of research supports inclusive learning environments for the benefit of both children with unique needs and those who are typically developing. In this training participants will learn and discuss the myths around classroom inclusion and explore some ways to better connect and learn alongside young children with unique needs.</p> <p><b>CH: 2 CDA: 3 (1hr), 4 (0.5hrs), &amp; 8 (0.5hrs)</b></p>	<p><b>10/22/2024</b> 6:30PM - 8:30PM <b>Virtual</b></p>
<p><b>Maneras de Incorporar la Música en tu Aula</b></p> <p><b>Presentadora: Rina Lopez   Regístrese aquí: <a href="https://bit.ly/3X0SFD3">https://bit.ly/3X0SFD3</a></b></p> <p>El objetivo principal de esta presentación es ayudar a los maestros a comprender cómo pueden incorporar la música en el aula. Dedicaremos 90 minutos para aprender cómo los niños pequeños aprenden música todos los días y cómo los maestros pueden incorporar la música en sus aulas. Una de las cosas que tienen la música y el movimiento es que a casi todo el mundo le gusta escuchar y movimiento al ritmo de la música. Cuando los maestros usan la música y el movimiento en su salón de clases, esto ayuda a los niños a desarrollar sus habilidades socioemocionales, lingüísticas, cognitivas y físicas. Los participios aprenderán cómo pueden incorporar la música a su rutina diaria. Esta capacitación beneficiará a los maestros que saben cómo usar canciones, instrumentos y movimientos del el cuerpo y la imaginación de los niños.</p> <p><b>CH: 1.5 CDA: 3 (0.5hrs) &amp; 8 (1hr)</b></p>	<p><b>11/7/2024</b> 6:30PM - 8:00PM <b>Virtual</b></p>
<p><b>Understanding Children's Challenging Behavior: An Attachment Theory Approach</b></p> <p><b>Presenter: Susan Mrazek   Register here: <a href="https://bit.ly/3yRJU5Y">https://bit.ly/3yRJU5Y</a></b></p> <p>In this training, participants will get an introduction to The Circle of Security (COS) program. COS is designed to offer caregivers direction and clarity in understanding children's emotions and cues. With this understanding, caregivers can better interpret children's needs and provide a supportive base for children to feel safe to explore and learn. Deepening our understanding of adult-child attachment helps to reframe our understanding not only of children's emotions and behavior, but our own, too.</p> <p><b>CH: 2 CDA: 3 (1hr) &amp; 8 (1hr)</b></p>	<p><b>11/14/2024</b> 6:30PM - 8:30PM <b>Virtual</b></p>

<p><b>8 Dimensions of Wellness for Leaders</b>  <b>Presenters: Cheryl Hazek &amp; Malgorzata Ciomek</b>   Register here: <a href="https://bit.ly/3yRxcUP">https://bit.ly/3yRxcUP</a>  This training will focus on an in-depth overview of the 8 dimensions of wellness. Leaders will be able to explore the 8 dimensions while identifying areas of wellness they want to prioritize with their teams. Participants will create a personal and staff wellness goal.  <b>CH: 2 CDA: 1 (0.5hrs), 6 (1hr), &amp; 7 (0.5hrs)</b></p>	<p><b>11/21/2024</b>  6:30PM - 8:30PM  <b>YWCA Patterson  McDaniel Family  Center</b>  2055 W. Army Trail  Rd, Ste 140  Addison, IL 60101</p>
<p><b>The Power of Reading- Promoting Young Children's Speech and Language Development</b>  <b>Presenters: Janelle Aynessazian &amp; Angel Wang</b>   Register here: <a href="https://bit.ly/3XhduLC">https://bit.ly/3XhduLC</a>  Former early childhood educator and developmental professionals will share developmentally appropriate book resources that anyone can use with young children to promote their speech and language development. Child development milestones will be supported through sharing videos and children's books appropriate for age 0-5. Strategies to support early literacy development and foster love and enjoyment during reading time with young children, that can be used immediately in the classroom. Book types that meet developmental milestones needs will be shared.  <b>CH: 1.5 CDA: 3 (0.75hrs) &amp; 8 (0.75hrs)</b></p>	<p><b>12/4/2024</b>  6:30PM - 8:00PM  <b>Virtual</b></p>
<p><b>Self-Compassion and Reflection: Practice Being Kind to Yourself</b>  <b>Presenter: Susan Mrazek</b>   Register here: <a href="https://bit.ly/4fX7sXS">https://bit.ly/4fX7sXS</a>  In order to model and teach kindness and emotional regulation to children, caregivers first need to care for themselves. Do you doubt yourself and your abilities? Are you kind to others but internally judgmental? In this training, participants will reflect on ways that negative views and thoughts of themselves began and will start a practice of unlearning them. Often, for caregivers, caring for others comes naturally and little time is set aside to care for oneself. Our time together will focus on making a shift in self-prioritization, practice creating boundaries, and pausing to engage in practices that foster self-compassion.  <b>CH: 2 CDA: 3 (1hr) &amp; 6 (1hr)</b></p>	<p><b>12/10/2024</b>  6:30PM - 8:30PM  <b>Virtual</b></p>
<p><b>Praise vs Encouragement</b>  <b>Presenter: Carla Diez</b>   Register here: <a href="https://bit.ly/3MDnb13">https://bit.ly/3MDnb13</a>  We all want children to develop a positive view of themselves. In this session we will discuss the differences between praise and encouraging statements and discover how to be more authentic in our choice of language and turn the focus on what the child is doing and feeling rather than on the adult.  <b>CH: 1 CDA: 3 (0.75hrs) &amp; 8 (0.25hrs)</b></p>	<p><b>12/17/2024</b>  6:30PM - 7:30PM  <b>Virtual</b></p>

# YWCA Metropolitan Chicago Training Policies

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***Training registration will serve as acknowledgement of review of training policies. It is the participant's responsibility to comply with all YWCA training policies & procedures.***

## **Registration:**

**Submission:** Registration will be accepted through online, mail, or dropped off in person at the YWCA offices prior to the training. Each participant is required to submit a separate registration.

- **Advance registration is required** for all trainings.

**Registration deadlines:** Registration is expected at least one week prior to the workshop/series.

- If enrollment is low, registration may be taken up to 2 business days prior to the scheduled class.
- Walk-ins **are not allowed**

**Payment:** YWCA Metropolitan Chicago accepts the following forms of payment: exact cash (*YWCA does not keep change on hand*), check, money order or credit/debit card.

- Payments should be made out to **YWCA Metropolitan Chicago**
- Enrollment is **not complete until both the registration form and registration fees have been received.**
- Registration fees are non-refundable and non-transferrable.

**Registration notification:** Participants will receive an email confirming registration if an email address is provided.

## **Cancellation:**

**Agency cancellation:** The YWCA reserves the right to cancel trainings for low registration, inclement weather, and/or presenter's illness. In the event the training is cancelled, participants will be notified by phone or email. Training coupons will be issued for agency cancelled trainings.

- If the YWCA cancels the training due to low enrollment all participants that registered will be contacted by email/phone no later than **2 business days prior to the training scheduled date.**

**Coupons:** Coupons will be issued for trainings cancelled by the YWCA. Coupons are valid for 6 months from the date of issue. **Only original** coupons will be accepted.

**Participant cancellation:** Please contact the YWCA training department via phone or email **at least 48 hours prior to the training** if you are unable to attend.

- Registration fees are non-refundable and non-transferable.
- If you cannot attend a training and want to send someone in your place, please contact the training department during normal business hours. (*M-TH 8:30am – 4:00pm & F: 8:30am – 1:30pm*)

**Rescheduling:** The YWCA will make every effort to reschedule a cancelled training.

## **Certificates:**

**Late Arrivals:** A fifteen (15) minute grace period will be given at all training sessions. This grace period begins at the advertised start time. Participants will not be allowed in the training after the 15-minute grace period according to trainer's clock. **Registration fees will not be refunded and no coupon will be issued.**

**Early Departures:** To receive a training certificate, the participant must stay until the training is finished.

**Emergencies:** Unreasonable time spent out from the training will result in the loss of a certificate. If you must handle an emergency, please notify the facilitator/presenter and dismiss yourself from the training.

**Replacement:** Certificates will only be released to the individual who participated at the training. If you have not received your certificate within 30 days of training, you must notify the YWCA. **\$5 fee will apply after 30 days.**

## **Participant Expectations:**

**Conduct/disruptive behavior:** At the discretion of the trainer and/or YWCA employee —If an attendee is considered to be disruptive in behavior, he/she may be asked to leave the training and will not receive a certificate or refund.

- All cell phones must be silenced prior to the start of the workshop. Participants needing to attend to phone calls should excuse themselves from the workshop.
- All ethnicities, abilities, educational levels, opinions, and personal experiences shared will be respected.
- Threats, harassment, or abusive treatment of staff, facilitators, presenters, or other participants will **NOT** be tolerated. Misconduct of this type is considered a serious offense and will be subject to immediate and appropriate disciplinary action. In addition, the matter may be referred to local authorities for investigation and/or prosecution.
- No weapons are allowed on YWCA premises and/or at any YWCA sponsored events or trainings.

***All training policies are created by the YWCA CCR&R in accordance with the Department of Human Services regulations.***



**Return Completed Form To:**  
 YWCA Metropolitan Chicago  
 1537 South Waukegan Road  
 Waukegan, IL 60085  
 Attn: Training Registration

## Training Registration Form

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**ywca**  
 metropolitan chicago

Registration **NOT** complete without payment, if applicable

(Please mail completed registration 15 days prior to training)

### Personal Information:

Name: \_\_\_\_\_ Gateways Registry #: \_\_\_\_\_ Home Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_ (Required to receive confirmation via email)

### Business Information:

Business Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/Zip/State: \_\_\_\_\_

Phone: \_\_\_\_\_ County: \_\_\_\_\_

**Facility Type:**

- Child Care Center
- Family Child Care Home
- Family Child Care Group Home
- Other (please specify) \_\_\_\_\_

**License Status:**

- License-Exempt
- Licensed by DCFS
- Not Applicable

**Program serves children on CCAP?**

- Yes
- No

### Position Information:

**I AM A:** (check only 1)

- Center Director/Asst. Director
- Center Teacher
- Center Assistant Teacher
- FCC Owner
- FCC Assistant

- License-Exempt Provider (caring for children of family/friends/neighbors)
- Potential Provider
- Parent
- Other (please specify) \_\_\_\_\_

**Number of years in current position:**

- Less than 6 mos.
- 6-12 mos.
- 1-3 yrs.
- More than 3 yrs.

**What is the primary age you care for?**

**\*\*Center Staff ~ check ONLY 1**

- Infants
- Toddlers (15 months – 23 months)
- 2 Years
- Preschool
- School Age
- None (Admin/Director)

**\*\*Family Child Care Staff ~ Check ALL THAT APPLY**

- Infants
- Toddlers (15 months – 23 months)
- 2 Years
- Preschool
- School Age

### Training Information: (List each training you would like to register for)

Training Date	Title of Training	Reg. Fee
1.		\$
2.		\$
3.		\$
4.		\$
5.		\$
<b>TOTAL AMOUNT OWED:</b>		<b>\$</b>

**Please make all checks payable to YWCA Metropolitan Chicago**

# YWCA Metropolitan Chicago Training Policies

***La inscripción a la capacitación servirá como reconocimiento de la revisión de las políticas de capacitación. Es responsabilidad del participante cumplir con todas las políticas y procedimientos de capacitación de la YWCA.***

## **Inscripción:**

**Presentar/enviar:** La inscripción se aceptará a través de Internet, por correo o se dejará en persona en las oficinas de la YWCA antes de la capacitación. Cada participante debe enviar un registro por separado.

- **Se requiere inscripción previa para todos** los entrenamientos.

**Plazos de inscripción:** Se espera la inscripción al menos una semana antes del taller/serie.

- Si la inscripción es baja, la inscripción se puede realizar hasta 2 días hábiles antes de la clase programada.
- No se permiten entradas sin cita previa.

**Pago:** YWCA Metropolitan Chicago acepta las siguientes formas de pago: efectivo exacto (YWCA no tiene cambio a mano), cheque, orden de pago o tarjeta de crédito / débito.

- Los pagos deben hacerse a nombre de **YWCA Metropolitan Chicago**
- La inscripción **no está** completa hasta que se hayan recibido tanto el formulario de inscripción **y** las tarifas de inscripción.
- Las tarifas de inscripción no son reembolsables ni transferibles.

**Notificación de inscripción:** los participantes recibirán un correo electrónico confirmando el registro si se proporciona una dirección de correo electrónico.

## **Cancelación:**

**Cancelación de la Agencia:** The YWCA se reserva el derecho de cancelar los entrenamientos por baja inscripción, inclemencias del tiempo y / o enfermedad del presentador. En caso de que se cancele la capacitación, los participantes serán notificados por teléfono o correo electrónico. Se emitirán cupones de capacitación para capacitaciones canceladas por la agencia.

- Si la YWCA cancela la capacitación debido a la baja inscripción, todos los participantes registrados serán contactados por correo electrónico / teléfono a más tardar **2 días hábiles antes de la fecha programada para la capacitación**.

**Cupones:** Se emitirán cupones para capacitaciones canceladas por la YWCA. Los cupones tienen una validez de 6 meses a partir de la fecha de emisión. Solo se aceptarán **cupones originales**.

**Cancelación del participante:** comuníquese con el departamento de capacitación de la YWCA por teléfono o correo electrónico **al menos 48 horas antes** de la capacitación si no puede asistir.

- Las tarifas de inscripción no son reembolsables ni transferibles.
- Si no puede asistir a una capacitación y desea enviar a alguien en su lugar, comuníquese con el departamento de capacitación durante el horario laboral normal. (Lunes a Jueves 8:30 am - 4:00 pm y V: 8:30 am - 1:30 pm)

**Reprogramación:** La YWCA hará todo lo posible para reprogramar una capacitación cancelada.

## **Certificados:**

**Llegadas tarde:** Se otorgará un período de gracia de quince (15) minutos en todas las sesiones de capacitación. Este período de gracia comienza a la hora de inicio anunciada. No se permitirá a los participantes en la capacitación después del período de gracia de 15 minutos según el reloj del entrenador. No se reembolsarán las tarifas de inscripción y no se emitirá ningún cupón.

**Salida temprana:** Para recibir un certificado de capacitación, el participante debe permanecer hasta que finalice la capacitación.

**Emergencias:** Tiempo irrazonable fuera de la capacitación resultará en la pérdida de un certificado. Si debe manejar una emergencia, notifique al facilitador / presentador y retírese de la capacitación.

**Reemplazo:** los certificados solo se entregarán a la persona que participó en la capacitación. Si no ha recibido su certificado dentro de los 30 días posteriores a la capacitación, debe notificar a la YWCA. Se aplicará una tarifa de \$5 después de 30 días.

## **Las expectativas de los participantes:**

**Conducta/comportamiento perturbador:** A discreción del capacitador y/o empleado de la YWCA. Si se considera que un asistente tiene un comportamiento perturbador, se le puede pedir que abandone la capacitación y no recibirá un certificado ni un reembolso.

- Todos los teléfonos móviles deben estar silenciados antes del inicio del taller. Los participantes que necesiten atender las llamadas telefónicas deben disculparse del taller.
- Se respetarán todos los grupos étnicos, capacidades, niveles educativos, opiniones y experiencias personales compartidas.
- NO se tolerarán amenazas, acoso o trato abusivo del personal, facilitadores, presentadores u otros participantes. La mala conducta de este tipo se considera una falta grave y estará sujeta a medidas disciplinarias inmediatas y apropiadas. Además, el asunto puede remitirse a las autoridades locales para su investigación y / o enjuiciamiento.
- No se permiten armas en las instalaciones de la YWCA y / o en los eventos o entrenamientos patrocinados por la YWCA.

***Todas las políticas de capacitación son creadas por YWCA CCR&R de acuerdo con las regulaciones del Departamento de Servicios Humanos.***

Enviar forma complete a:  
 YWCA Metropolitan Chicago  
 1537 South Waukegan Road  
 Waukegan, IL 60085  
 Attn: Training Registration

## Forma de Registro para Entrenamientos

eliminating racism  
 empowering women  
**ywca**  
 metropolitan chicago

Registro **NO** completo sin pago, si aplica  
 (Envíe por correo el registro completo 15 días antes de la capacitación)

### Información personal:

Nombre: \_\_\_\_\_ Gateways Registry #: \_\_\_\_\_ Teléfono de la Casa: \_\_\_\_\_

Correo electrónico: \_\_\_\_\_ (Reciba confirmación de la registración)

### Información de negocios:

Nombre de trabajo: \_\_\_\_\_

Dirección: \_\_\_\_\_

Ciudad/Código Postal/Estado: \_\_\_\_\_

Teléfono de trabajo: \_\_\_\_\_ Condado: \_\_\_\_\_

#### Tipo de Facilidad:

- Centro  
 Si Hogar de Cuidado de niños  
 No Hogar de Grupo  
 Otro (por favor, especifique) \_\_\_\_\_

#### Estado de la licencia:

- Exento de Licencia  
 Con Licencia del DCFS  
 No Aplica

#### Programa atiende a niños en CCAP?

- Si  
 No

### Información de posición:

#### YO SOY A: (marque solo 1)

- Director/a Ass. Director/a  
 Maestro/a de centro  
 Asistente Maestro/a  
 Dueña de cuidado infantil familiar  
 Asistente de cuidado infantil familiar  
 Amigos y parientes (cuida niños de familia o amigos si licencia)  
 Proveedor Potencial  
 Padre  
 Otro (por favor, especifique) \_\_\_\_\_

#### Número de años en la posición actual:

- Menos de 6 meses  
 6-12 meses  
 1-3 años  
 Más de 3 años

#### ¿Edades de los niños que cuida?

\*\*Empleados de centro ~ marque **SOLO 1**

- Infantes  
 Pequeñitos (15 meses – 23 meses)  
 2 años  
 Pre-Escolar  
 Edad Escolar  
 Ninguno (Administrador/Director/a)

\*\*Proveedor de cuidado de niños en hogar ~ marque **TODAS Las**

#### Edades que Apiquen

- Infantes  
 Pequeñitos (15 meses – 23 meses)  
 2 años  
 Pre-Escolar  
 Edad Escolar

### Información de capacitación: (enumere cada capacitación para la que desea registrarse)

Fecha del Entrenamiento	Título del Entrenamiento	Cuota
1.		\$
2.		\$
3.		\$
4.		\$
5.		\$
<b>CANTIDAD TOTAL:</b>		\$

Por favor, haga todo cheque pagable a la YWCA Metropolitan Chicago